



Over-the-Counter (OTC) Product Catalog 2023



Because Life.™

1-800-383-2544 (TTY 711)

Order online at ShopHighmarkOTC.com

Welcome to Highmark's OTC Benefit

Dear Member,

By enrolling in one of Highmark's Medicare Advantage or Affordable Care Act (ACA) plans with an Over-the-Counter (OTC) benefit, you receive a quarterly allowance to spend on OTC products that are exclusively available from this catalog. Your OTC allowance allows you to select products such as cold and cough medicines, incontinence supplies, vitamins, dental care, and much more. Products ordered from this catalog will be shipped directly to your home. Your quarterly allowance amount can be found in your Evidence of Coverage (EOC) if you're a Medicare Advantage member, or Schedule of Benefits if you're an ACA member. You can also call the number on the back of your Highmark member ID Card.

What is covered within your OTC allowance?

Eligible products include OTC remedies or medicines to alleviate or treat illness or injury, dental care products, eye and ear care products, and incontinence supplies (adult diapers). These products do not require a prescription from a health care provider.

Dual Purpose products are products that may serve more than one purpose. These products are sometimes used to alleviate or treat a medical condition or they may be used to promote general health and well-being. These products do not require a prescription from your provider to purchase. However, Highmark strongly recommends that you discuss these products with your medical provider prior to ordering or using. For your convenience, we have identified the dual purpose categories throughout the catalog.

Your OTC allowance can be used anytime during a calendar quarter. Any quarterly allowance not used is forfeited at the end of each quarter. To order OTC products from this catalog by phone, call **1-800-383-2544 (TTY 711)**, or you can order online at **ShopHighmarkOTC.com**.

You are limited to one free shipment per quarter, so be sure to order all of the products you need at the same time to avoid shipping costs. You may purchase OTC products beyond your quarterly allowance, but you are responsible for paying all associated out-of-pocket costs.

THE ALLOWANCE QUARTERS ARE AS FOLLOWS:

First yearly quarter:

January 1 – March 31, 2023

Second yearly quarter:

April 1 – June 30, 2023

Third yearly quarter:

July 1 – September 30, 2023

Fourth yearly quarter:

October 1 – December 31, 2023

How to Order

There are two easy ways you can place your order: by phone or online. Whichever way you choose to place your order, be sure to have your Highmark member ID number and date of birth available in order to access your OTC allowance.



BY PHONE

Call us at

1-800-383-2544 (TTY 711)

Monday - Friday: 8 a.m. - 8 p.m. ET

Saturday: 9 a.m. - 5 p.m. ET

and Sunday: 10 a.m. - 5 p.m. ET



ONLINE

Visit us at **ShopHighmarkOTC.com**
and log in to place your order.

To log in:

Enter your Highmark member ID number
(12 digits) in the **Member ID** field.

Enter your date of birth (MMDDYY)
in the **Password** field.

ACA members:

Enter policyholder information to log in.

Ordering Process

1. Choose products

Each quarter, choose the products you would like and write down the number listed in the **Catalog ID** column. Have the list of products available when you call or go online for faster and easier ordering.

2. Total all the products

Be sure to stay within your available allowance according to the plan you enrolled in. If you go over your allowance amount, you will need a credit card for any additional out-of-pocket expenses. You are allowed one free shipment per quarter.

3. Have your Highmark member ID card

You will need to provide your Highmark member ID number (found on the front of your ID card), along with your date of birth, to access your account online or over the phone. *ACA members: Enter policyholder information to log in.*

We reserve the right to limit quantities or offer a comparable substitute when necessary of any product at any time.

Important Information

Please keep this catalog for your entire 2023 benefit year.

- You are limited to **one free shipment per quarter**, so be sure to order all of the products you need at the same time to avoid shipping costs. You cannot use or combine future allowance amounts when placing your order. Highmark and the OTC Fulfillment Center are not responsible for lost or stolen packages. For delivery issues, please contact your carrier. **Any quarterly allowance not used is forfeited at the end of each quarter.**
- Products can only be purchased from the website at **ShopHighmarkOTC.com** or over the phone at **1-800-383-2544 (TTY 711)**. No reimbursements are honored if purchased from other sources or with your out-of-pocket money.
- Your OTC allowance covers only the products included in this catalog.
- The website is available 24/7, unless down for maintenance. Our OTC Fulfillment Center is available to take orders by phone Monday - Friday from 8 a.m. - 8 p.m. ET, Saturday from 9 a.m. - 5 p.m. ET, and Sunday from 10 a.m. - 5 p.m. ET.
- The OTC Fulfillment Center cannot give you medical advice. If you have a question about a product, please talk to your health care provider.
- If you receive a damaged product, please contact the OTC Fulfillment Center at **1-800-383-2544 (TTY 711)**. This product will be exchanged for an identical product at no cost to you. Please note that only damaged items can be exchanged within 30 days of purchase, no returns are allowed.
- Please expect 7-10 business days for shipments. Call **1-800-383-2544 (TTY 711)** if an order does not arrive.
- For Medicare Advantage members, products in this catalog should only be ordered for the Highmark member who is enrolled in a plan with an OTC benefit.

For ACA members, products in this catalog can be ordered for anyone covered on the plan.
- If you disenroll or are otherwise terminated from a Highmark plan, your OTC benefit will automatically terminate.
- The health information provided in this catalog is general in nature and is not medical advice or a substitute for professional health care. It is provided for your information and convenience only. The OTC Fulfillment Center does not guarantee the accuracy or completeness of the information, and does not recommend or endorse the products which are referenced in this catalog.

How to Use Your OTC Website

Online access to your OTC benefit is available
24/7 for a fast, easy, and secure experience!



Your OTC website offers many convenient features. You can:

- Browse eligible OTC products.
- Access a digital copy of your OTC catalog.
- Monitor your available allowance balance while you shop.
- Track your order.

TO LOG IN TO THE OTC WEBSITE:

- Access your Highmark OTC website at **ShopHighmarkOTC.com**.
- Enter your Highmark member ID number (12 digits) in the **Member ID** field.
- Enter your date of birth (MMDDYY) in the **Password** field.
ACA members: Enter policyholder information to log in.

If you need assistance accessing your online account, please call the OTC Fulfillment Center Monday - Friday from 8 a.m. - 8 p.m. ET, Saturday from 9 a.m. - 5 p.m. ET, and Sunday from 10 a.m. - 5 p.m. ET at **1-800-383-2544 (TTY 711)**.

Please note: Online orders must be placed prior to midnight Eastern Time on the last day of the quarter or you will forfeit your allowance.



| PRODUCT NAME | CATALOG ID | PACKAGING | PRICE |
|--|------------|-------------------|---------|
| ALLERGY AND SINUS | | | |
| Allegra 24-Hr Allergy Relief Tablets | 1040037 | 45 count | \$39.00 |
| Benadryl Antihistamine Ultratabs | 1040039 | 24 count | \$6.75 |
| Benadryl Antihistamine Ultratabs | 1040040 | 100 count | \$19.00 |
| Flonase 24-Hr Allergy Relief Spray | 1040051 | 72 sprays | \$25.00 |
| Flonase 24-Hr Allergy Relief Spray | 1040052 | 144 sprays | \$39.00 |
| Nasacort 24-Hr Allergy Relief Nasal Spray (2 pack) | 1040064 | 0.57 fl oz (each) | \$38.00 |
| Xyzal 24-Hr Allergy Relief Tablets | 1040087 | 35 count | \$27.00 |
| Zyrtec 24-Hr Allergy Relief Tablets | 1040091 | 30 count | \$29.50 |
| Budesonide 32mcg Allergy Relief Nasal Spray | 1040001 | 120 sprays | \$18.50 |
| Cetirizine 10mg Allergy Relief Tablets | 1040003 | 30 count | \$8.00 |
| Cetirizine 10mg Allergy Relief Tablets | 1040004 | 120 count | \$27.00 |
| Diphenhydramine 25mg Allergy Relief Minitabs | 1040008 | 24 count | \$3.00 |
| Diphenhydramine 25mg Allergy Relief Minitabs | 1040009 | 100 count | \$5.50 |
| Fexofenadine 180mg Allergy Relief Tablets | 1040010 | 30 count | \$16.00 |
| Loratadine 10mg Allergy Relief Tablets | 1040012 | 60 count | \$6.50 |
| Loratadine 10mg Allergy Relief Tablets | 1040013 | 120 count | \$10.00 |
| NeilMed Sinus Rinse Kit | 1040065 | 1 kit | \$20.00 |
| NeilMed Sinus Rinse Premixed Packets | 1040066 | 100 count | \$20.50 |
| Tylenol Sinus and Headache Daytime Caplets | 1040079 | 24 count | \$11.50 |
| Vicks Sinex Severe 12-Hr Decongestant Spray | 1040084 | 0.5 fl oz | \$13.50 |
| Zicam No Drip Intense Sinus Relief Nasal Spray | 1040090 | 0.5 fl oz | \$17.00 |
| Nasal 12-Hr Decongestant Spray, Maximum Strength | 1040018 | 1 fl oz | \$6.00 |
| Nasal Severe 12-Hr Decongestant Spray | 1040020 | 1 fl oz | \$6.25 |
| Neti Pot Nasal Rinse Kit | 1040021 | 1 kit | \$12.00 |

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| PRODUCT NAME | CATALOG ID | PACKAGING | PRICE |
|---|------------|----------------|---------|
| No Drip Nasal Severe 12-Hr Decongestant Spray | 1040022 | 1 fl oz | \$3.75 |
| Saline Nasal Moisturizer Spray | 1040023 | 1.5 oz | \$2.75 |
| Sinus Pressure and Pain Relief PE Caplets, Maximum Strength | 1040027 | 24 count | \$4.50 |
| Sinus Rinse Refill Saline Packets | 1040028 | 100 count | \$12.00 |
| COLD SORE AND LIP PRODUCTS | | | |
| Abreva Docosanol 10% Cold Sore Treatment Cream (2 pack) | 1040033 | 0.07 oz (each) | \$49.00 |
| Blistex Medicated Lip Balm, SPF 15 | 1040041 | 0.15 oz | \$2.75 |
| Blistex Medicated Lip Ointment | 1040042 | 0.21 oz | \$3.25 |
| Carmex Classic Lip Balm (3 pack) | 1040045 | 0.35 oz (each) | \$5.50 |
| Docosanol 10% Cold Sore Cream | 1100010 | 0.07 oz | \$19.00 |
| Vaseline Advancted Therapy Lip Balm Tube | 3270012 | 0.35 oz | \$3.50 |
| COUGH DROPS | | | |
| Sucrets Sore Throat and Cough Lozenges, Vapor Cherry | 1040073 | 18 count | \$4.75 |
| Halls Cough and Throat Drops, Mentho-Lyptus | 1040053 | 30 count | \$3.50 |
| Halls Cough Drops, Honey Lemon | 1040054 | 30 count | \$3.50 |
| Halls Cough Drops, Honey Lemon | 1040055 | 80 count | \$7.00 |
| Halls Sugar Free Cough Drops, Honey Lemon | 1040058 | 70 count | \$7.00 |
| Luden's Throat Drops, Wild Cherry | 1040059 | 30 count | \$2.75 |
| Luden's Throat Drops, Wild Cherry | 1040060 | 90 count | \$6.00 |
| Ricola Herb Throat Drops, Cherry Honey | 1040068 | 24 count | \$3.50 |
| Ricola Original Herb Cough Drops | 1040069 | 21 count | \$3.50 |
| Ricola Original Herb Cough Drops | 1040070 | 45 count | \$6.50 |
| Ricola Sugar Free Throat Drops, Lemon Mint | 1040071 | 19 count | \$3.50 |
| COUGH, COLD AND FLU | | | |
| Coricidin HBP Cold and Flu Tablets | 1040046 | 20 count | \$10.50 |

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| PRODUCT NAME | CATALOG ID | PACKAGING | PRICE |
|--|------------|-----------|---------|
| Coricidin HBP for Chest Congestion and Cough Softgels | 1040047 | 20 count | \$9.50 |
| Coricidin HBP for Cough and Cold Tablets | 1040048 | 16 count | \$10.50 |
| Delsym 12-Hr Cough Suppressant Liquid, Orange | 1040049 | 5 oz | \$23.50 |
| Diabetic Tussin Maximum Strength Cough and Chest Congestion DM Liquid, Berry | 1040050 | 8 fl oz | \$15.50 |
| Mucinex 12-Hr Expectorant Tablets | 1040061 | 20 count | \$21.00 |
| Mucinex DM 12-Hr Expectorant and Cough Suppressant Tablets | 1040063 | 20 count | \$19.50 |
| Robitussin Cough and Congestion DM Max Syrup, Raspberry | 1040072 | 8 fl oz | \$17.00 |
| Theraflu Multi-Symptom Severe Cold and Cough Relief for Day/Night Medicine | 1040075 | 12 count | \$19.00 |
| Theraflu Severe Cold and Cough Relief for Nighttime Medicine, Honey Lemon | 1040076 | 6 count | \$12.00 |
| Tylenol Severe Cold and Flu Day and Night Caplets | 1040077 | 24 count | \$11.50 |
| Tylenol Severe Cold and Head Congestion Caplets | 1040078 | 24 count | \$11.50 |
| Vicks DayQuil Severe Cold and Flu LiquiCaps | 1040080 | 24 count | \$15.50 |
| Vicks NyQuil/DayQuil Cold and Flu LiquiCaps | 1040082 | 24 count | \$12.50 |
| Zicam Cold Remedy Nasal Swabs | 1040088 | 20 count | \$17.00 |
| Zicam Cold Shortening RapidMelt Tablets, Citrus | 1040089 | 25 count | \$17.00 |
| Cough and Cold HBP Tablets | 1040005 | 16 count | \$3.00 |
| Mucus 12-Hr Relief Extended Release Tablets, Maximum Strength | 1040014 | 14 count | \$14.00 |
| Mucus Relief DM Tablets, Maximum Strength | 1040015 | 14 count | \$14.00 |
| Multi-Symptom Cold and Flu Relief for Day/Night Softgels | 1040016 | 48 count | \$12.00 |
| Multi-Symptom Cold and Flu Relief for Daytime Softgels | 1040017 | 48 count | \$12.00 |
| Severe Cold and Flu Relief for Day/Night Caplets | 1040024 | 24 count | \$8.00 |
| Severe Cold and Flu Relief for Daytime Caplets, Maximum Strength | 1040025 | 24 count | \$9.50 |
| Severe Cold and Flu Relief for Nighttime Caplets, Maximum Strength | 1040026 | 24 count | \$6.00 |
| Diabetic Tussin Maximum Strength Cough and Chest Congestion DM Liquid, Berry | 1160008 | 4 fl oz | \$10.00 |

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| PRODUCT NAME | CATALOG ID | PACKAGING | PRICE |
|---|------------|-----------------|---------|
| DENTAL CARE - DENTURE | | | |
| Dentemp Cap and Filling Repair | 1100045 | 2.2 g | \$6.00 |
| Dentemp Recap-it Cap and Crown Repair | 1100046 | 1 g | \$6.50 |
| Fixodent Extra Hold Denture Adhesive Powder | 1100047 | 2.7 oz | \$8.00 |
| Fixodent Original Denture Adhesive Cream | 1100048 | 0.75 oz | \$4.00 |
| Fixodent Plus Denture Adhesive Cream, Scope Flavor | 1100049 | 2 oz | \$8.50 |
| Polident 3 Minute Denture Cleanser Effervescent Tablets | 1100065 | 84 count | \$9.50 |
| Polident Overnight Whitening Denture Cleanser Effervescent Tablets | 1100066 | 84 count | \$9.50 |
| Poligrip Denture Adhesive Cream | 1100067 | 2.4 oz | \$8.25 |
| Poligrip Extra Care Denture Adhesive Cream | 1100068 | 2.2 oz | \$8.25 |
| Denture Bath with Safety Basket | 1100006 | 1 count | \$4.00 |
| Denture Brush | 1100007 | 1 count | \$1.50 |
| Denture Cleanser Tablets | 1100008 | 44 count | \$3.00 |
| Denture Cleanser Tablets | 1100009 | 102 count | \$5.50 |
| DENTAL CARE - DRY MOUTH | | | |
| Listerine Pocketpacks Break Strips, Cool Mint (3 pack) | 1100056 | 24 count (each) | \$5.50 |
| ACT Dry Mouth Lozenges | 1100026 | 18 count | \$6.75 |
| ACT Dry Mouth Lozenges | 1100027 | 36 count | \$10.00 |
| OraCoat Xylimelts For Dry Mouth Melts, Mild Mint | 1100057 | 80 count | \$21.00 |
| Dry Mouth Discs | 1100011 | 40 count | \$6.50 |
| Dry Mouth Lozenges, Assorted Fruit Flavors | 1100012 | 30 count | \$5.50 |
| ACT Dry Mouth Anticavity Fluoride Mouthwash with Xylitol, Soothing Mint | 1100025 | 18 fl oz | \$10.50 |
| Biotene Dry Mouth Moisturizing Spray, Gentle Mint | 1100032 | 1.5 fl oz | \$9.75 |
| Biotene Dry Mouth Oral Rinse, Fresh Mint | 1100033 | 16 fl oz | \$9.50 |

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| PRODUCT NAME | CATALOG ID | PACKAGING | PRICE |
|--|------------|------------|---------|
| DENTAL CARE - FLOSS | | | |
| GUM Professional Clean Flossers, Fresh Mint | 1100050 | 150 count | \$5.50 |
| GUM Proxabrush Go-Betweens Cleaners | 1100051 | 10 count | \$6.50 |
| GUM Soft-Picks Dental Picks | 1100052 | 50 count | \$4.00 |
| Oral B Glide Floss Picks, Mint | 1100059 | 150 count | \$9.50 |
| Reach Waxed Dental Floss, Mint | 1100069 | 55 yards | \$2.75 |
| Dental Tool Kit | 1100005 | 1 kit | \$7.00 |
| Flossups Floss Picks, Mint | 1100016 | 90 count | \$2.50 |
| Interdental Flossers, Mint | 1100018 | 150 count | \$3.50 |
| Premium Waxed Dental Floss | 1100021 | 50 meters | \$2.00 |
| Waxed Dental Floss, Mint | 1100024 | 100 yards | \$2.00 |
| Waterpik Cordless Water Flosser | 1100075 | 1 count | \$53.00 |
| DENTAL CARE - MOUTHWASH | | | |
| Colgate Peroxly Mouth Sore Rinse | 1100036 | 8.4 fl oz | \$8.50 |
| Listerine Antiseptic Mouthwash, Cool Mint | 1100053 | 3.2 fl oz | \$2.50 |
| Listerine Antiseptic Mouthwash, Cool Mint | 1100054 | 8.45 fl oz | \$5.00 |
| TheraBreath 24-Hr Healthy Gums Oral Rinse | 1100073 | 16 fl oz | \$14.00 |
| Crest Pro-Health Multi-Protection Mouthwash, Clean Mint (Trial Size) | 6010009 | 1.2 fl oz | \$1.50 |
| Crest Scope Classic Mouthwash (Trial Size) | 6010010 | 1.2 fl oz | \$1.50 |
| Antiseptic Mouthwash, Blue Mint (Trial Size) | 6010003 | 3.2 fl oz | \$1.50 |
| DENTAL CARE - PAIN RELIEF | | | |
| DenTek Professional-Fit Dental Guard | 1100043 | 1 count | \$34.00 |
| Plackers Dental Guard | 1100064 | 16 count | \$31.50 |
| Extra Comfort Dental Protector, One Size | 1100014 | 2 count | \$28.00 |
| Anbesol Instant Pain Relief Gel, Maximum Strength | 1100028 | 0.33 oz | \$9.75 |

| PRODUCT NAME | CATALOG ID | PACKAGING | PRICE |
|---|------------|----------------|---------|
| Blistex Kanka Mouth Pain Liquid | 1100035 | 0.33 fl oz | \$9.50 |
| Dentemp Canker Sore Covers, Mint | 1100044 | 6 count | \$14.00 |
| Orajel Oral Pain Relief 4X Medicated Gel | 1100058 | 0.25 oz | \$12.00 |
| Benzocaine 20% Oral Pain Relief Gel, Maximum Strength | 1100001 | 0.33 oz | \$6.00 |
| Toothache and Gum Relief 4X Medicated Cream | 1100023 | 0.33 oz | \$6.50 |
| DENTAL CARE - TOOTHBRUSH | | | |
| Colgate Plus Toothbrush, Medium | 1100037 | 1 count | \$3.00 |
| Colgate Plus Toothbrush, Soft | 1100038 | 1 count | \$3.00 |
| Oral-B Complete Battery Powered Toothbrush | 1100060 | 1 count | \$10.00 |
| Oral-B Pulsar Expert Clean Battery Powered Toothbrush, Medium, (2 Pack) | 1100061 | 1 count (each) | \$15.00 |
| Philips Sonicare 4100 Power Toothbrush | 1100063 | 1 count | \$70.00 |
| Cavity Fighter Toothbrush, Medium | 1100002 | 1 count | \$1.00 |
| Cavity Fighter Toothbrush, Soft | 1100003 | 1 count | \$1.00 |
| Easy Flex Total Power Toothbrush with Refill | 1100013 | 1 kit | \$14.00 |
| Infinity Rechargeable Toothbrush with Refill | 1100017 | 1 kit | \$36.50 |
| Multi-Action Massage Toothbrush, Medium (10 pack) | 1100019 | 1 count (each) | \$9.00 |
| Multi-Action Massage Toothbrush, Soft (10 pack) | 1100020 | 1 count (each) | \$9.00 |
| Premier Travel Toothbrush | 6010005 | 1 count | \$2.00 |
| DENTAL CARE - TOOTHPASTE | | | |
| Aquafresh Cavity Protection Fluoride Toothpaste, Cool Mint | 1100029 | 5.6 oz | \$4.00 |
| Arm and Hammer Advance White Toothpaste, Clean Mint | 1100030 | 6 oz | \$5.50 |
| Arm and Hammer PeroxiCare Toothpaste, Clean Mint | 1100031 | 6 oz | \$5.50 |
| Biotene Fluoride Toothpaste, Fresh Mint | 1100034 | 4.3 oz | \$10.00 |
| Colgate Total Toothpaste, Clean Mint | 1100039 | 4.8 oz | \$6.50 |
| Crest Cavity Protection Toothpaste | 1100040 | 5.7 oz | \$3.75 |

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| PRODUCT NAME | CATALOG ID | PACKAGING | PRICE |
|--|------------|-----------|---------|
| Crest Pro-Health Gum Detoxify Deep Clean Toothpaste | 1100041 | 4.1 oz | \$9.75 |
| Crest Tartar Protection Whitening Toothpaste, Cool Mint | 1100042 | 5.7 oz | \$3.25 |
| Listerine Essential Care Toothpaste, Mint | 1100055 | 4.2 oz | \$6.75 |
| Parodontax Complete Protection Toothpaste, Pure Fresh Mint | 1100062 | 3.4 oz | \$9.25 |
| Sensodyne Extra Whitening Toothpaste | 1100070 | 6 oz | \$13.50 |
| Sensodyne Pronamel Intensive Enamel Repair Whitening Toothpaste | 1100071 | 3.4 oz | \$9.50 |
| Sensodyne Toothpaste, Fresh Mint | 1100072 | 4 oz | \$9.25 |
| Tom's of Maine Antiplaque and Whitening Toothpaste, Peppermint | 1100074 | 5.5 oz | \$8.50 |
| Complete Protection Sensitive Toothpaste | 1100004 | 3.4 oz | \$2.75 |
| Extra Whitening Sensitive Toothpaste | 1100015 | 4 oz | \$2.25 |
| Radiant White Toothpaste, Mint | 1100022 | 4.8 oz | \$2.75 |
| Crest Complete Multi-Benefit Toothpaste, Minty Fresh (Trial Size) | 6010008 | 0.85 oz | \$1.50 |
| Sensodyne Pronamel Gentle Whitening Toothpaste (Trial Size) | 6010012 | 0.8 oz | \$2.25 |
| DIABETIC CARE | | | |
| Aspercreme with Lidocaine 4% Foot Cream, Max Strength | 1160007 | 4 oz | \$17.00 |
| Gold Bond Ultimate Diabetics' Dry Skin Relief Hand Cream | 1160009 | 2.4 oz | \$6.00 |
| Magnilife DB Pain Relieving Foot Cream | 1160010 | 4 oz | \$25.00 |
| Glucose Energy Gummies with Citrus Pectin, Assorted Fruit Flavors | 1160003 | 60 count | \$8.00 |
| Glucose Tablets, Orange | 1160004 | 50 count | \$7.00 |
| Glucose Tablets, Tropical Fruit | 1160005 | 50 count | \$7.00 |
| Gold Bond Diabetics' Dry Skin Relief Body Lotion | 3270008 | 18 oz | \$17.50 |
| Diabetic Compression Black Crew Socks, Medium Size (see size chart on page 29) | 1130002 | 1 pair | \$11.50 |
| Diabetic Compression Black Crew Socks, Large Size (see size chart on page 29) | 1130001 | 1 pair | \$11.50 |

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| PRODUCT NAME | CATALOG ID | PACKAGING | PRICE |
|---|------------|--------------------|---------|
| Diabetic Compression Black Crew Socks, X-Large Size (see size chart on page 29) | 1130003 | 1 pair | \$11.50 |
| Diabetic Compression White Crew Socks, Medium Size (see size chart on page 29) | 1130005 | 1 pair | \$11.50 |
| Diabetic Compression White Crew Socks, Large Size (see size chart on page 29) | 1130004 | 1 pair | \$11.50 |
| Diabetic Compression White Crew Socks, X-Large Size (see size chart on page 29) | 1130006 | 1 pair | \$11.50 |
| DIAGNOSTIC EQUIPMENT | | | |
| Non-Contact Infrared Forehead Thermometer | 1060002 | 1 count | \$35.00 |
| Deluxe Pulse Oximeter | 1160002 | 1 count | \$42.50 |
| DIAGNOSTIC EQUIPMENT - DUAL PURPOSE | | | |
| Omron 3 Series Upper Arm Blood Pressure Monitor (fits arms 9 to 17 inches in circumference) | 1160011 | 1 count | \$60.00 |
| Automatic Blood Pressure Cuff Monitor (fits arms or wrists 9.5 to 13.25 inches in circumference) | 1160001 | 1 count | \$40.00 |
| DIGESTIVE RELIEF - ANTACIDS AND ACID REDUCERS | | | |
| Mylanta Antacid Liquid, Maximum Strength | 1020041 | 12 fl oz | \$11.00 |
| Pepcid Complete Chewable Tablets, Berry | 1020042 | 25 count | \$16.00 |
| TUMS Antacid 750mg Chewable Tablets, Assorted Fruit Flavor | 1020049 | 96 count | \$7.50 |
| Antacid Extra Strength 750mg, Chewable Tablets, Assorted Fruit Flavors | 1020001 | 96 count | \$4.50 |
| Antacid Ultra Strength 1000mg Chewable Tablets, Assorted Fruit Flavors | 1020002 | 72 count | \$4.50 |
| Antacid Ultra Strength 1177mg Soft Chews, Cherry | 1020003 | 32 count | \$5.50 |
| Famotidine 10mg Acid Reducer Tablets | 1020006 | 30 count | \$7.75 |
| Famotidine 20mg Acid Reducer Tablets, Maximum Strength (2 pack) | 1020007 | 85 count (each) | \$20.00 |
| Lansoprazole 15mg 24-Hr Acid Reducer Capsules (3 pack) | 1020012 | 14 count (each) | \$22.00 |
| Omeprazole 20mg Acid Reducer Delayed Release Tablets (2 pack) | 1020019 | 14 count (each) | \$15.00 |
| Omeprazole 20mg Acid Reducer Delayed Release Tablets (3 pack) | 1020020 | 14 count (each) | \$22.50 |
| Ultra Stomach Relief Bismuth 525mg Liquid | 1020022 | 4 oz | \$4.00 |

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| PRODUCT NAME | CATALOG ID | PACKAGING | PRICE |
|--|------------|-----------|---------|
| DIGESTIVE RELIEF - ANTI-DIARRHEAL | | | |
| Pepto Bismol Anti-Diarrheal Chewable Tablets | 1020043 | 30 count | \$10.00 |
| Pepto Bismol Anti-Diarrheal Liquid | 1020044 | 8 fl oz | \$7.00 |
| Imodium A-D Anti-Diarrheal Caplets | 1020037 | 24 count | \$16.25 |
| Loperamide Hydrochloride 2mg Anti-Diarrheal Caplets | 1020015 | 24 count | \$5.00 |
| DIGESTIVE RELIEF - ANTI-GAS | | | |
| Beano Ultra 800 Gas Prevention Tablets, Extra Strength | 1020024 | 100 count | \$19.00 |
| Gas-X 125mg Anti-Gas Chewable Tablets, Extra Strength | 1020033 | 48 count | \$17.00 |
| Gas-X 125mg Anti-Gas Softgels, Extra Strength | 1020034 | 20 count | \$8.00 |
| Gas-X 250mg Anti-Gas Softgels, Maximum Strength | 1020035 | 30 count | \$17.50 |
| DIGESTIVE RELIEF - ANTI-NAUSEA | | | |
| Bonine Motion Sickness Chewable Tablets, Raspberry | 1020025 | 16 count | \$9.00 |
| Dramamine Less Drowsy Motion Sickness Relief Tablets | 1020028 | 8 count | \$9.00 |
| Emetrol for Nausea and Upset Stomach Liquid, Cherry | 1020031 | 4 oz | \$13.00 |
| DIGESTIVE RELIEF - GUT HEALTH | | | |
| IBgard for Abdominal Comfort Capsules | 1020036 | 48 count | \$37.00 |
| Metamucil Sugar-Free 4-in-1 Fiber Powder, Orange | 1020039 | 6.1 oz | \$13.50 |
| VitaFusion Fiber Well Gummies, Assorted Fruit Flavors | 1020050 | 90 count | \$18.00 |
| Fiber Therapy Capsules | 1020009 | 160 count | \$15.00 |
| Fiber Therapy Capsules | 1020010 | 320 count | \$20.00 |
| Multihealth Sugar Free Fiber Supplement Powder, Orange | 1020018 | 23.3 oz | \$21.50 |
| Align Probiotic Supplement Capsules, Extra Strength | 1020023 | 21 count | \$36.50 |
| Culturelle Digestive Daily Probiotic Capsules | 1020027 | 30 count | \$28.00 |
| RenewLife Ultimate Flora Extra Care Probiotic Capsules | 1020048 | 30 count | \$31.50 |
| Garden of Life Women's Daily Probiotic | 1050027 | 30 count | \$34.00 |

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| PRODUCT NAME | CATALOG ID | PACKAGING | PRICE |
|---|------------|------------|---------|
| Metamucil 3-in-1 Fiber Capsules | 1050033 | 300 count | \$46.00 |
| RenewLife Women's Care Probiotic Capsules | 1050059 | 30 count | \$29.50 |
| DIGESTIVE RELIEF - LACTOSE | | | |
| Lactaid Fast Act Lactose Intolerance Caplets | 1020038 | 60 count | \$21.50 |
| Fast Acting Dairy Relief Caplets | 1020008 | 125 count | \$20.50 |
| Colace 100mg Stool Softener Capsules | 1020026 | 30 count | \$18.50 |
| Dulcolax Overnight Relief Laxative Coated Tablets | 1020029 | 10 count | \$5.50 |
| Dulcolax Soft Chews, Assorted Berry Flavors | 1020030 | 30 count | \$18.50 |
| Fleet Liquid Glycerin Suppositories | 1020032 | 4 count | \$8.00 |
| Miralax Laxative Powder, Unflavored | 1020040 | 4.1 oz | \$10.50 |
| Col-Rite 100mg Stool Softener Softgels | 1020004 | 30 count | \$5.00 |
| Col-Rite 100mg Stool Softener Softgels | 1020005 | 100 count | \$10.00 |
| Laxative Powder, Unflavored | 1020013 | 8.3 oz | \$11.50 |
| Laxative Powder, Unflavored | 1020014 | 17.9 oz | \$19.00 |
| Senna 8.6mg Laxative Tablets | 1020021 | 100 count | \$4.75 |
| EAR CARE | | | |
| Cotton Swabs Paper Sticks | 1060001 | 375 count | \$3.00 |
| Hyland's Earache Drops | 1010012 | 0.33 fl oz | \$13.50 |
| NeilMed ClearCanal Ear Wax Removal Kit | 1010014 | 2.53 oz | \$8.50 |
| Earwax Removal Drops | 1010002 | 0.5 fl oz | \$6.00 |
| Q-tips Cotton Swabs | 6010011 | 30 count | \$2.00 |
| Lipo Flavonoid Plus Ear Health Formula Caplets | 1050032 | 100 count | \$40.50 |
| EYE CARE | | | |
| Blink Contacts Lubricating Eye Drops | 1010008 | 0.34 fl oz | \$8.75 |
| Bausch and Lomb Muro 128 Solution | 1010007 | 0.5 fl oz | \$34.50 |

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| PRODUCT NAME | CATALOG ID | PACKAGING | PRICE |
|---|------------|------------------|---------|
| Clear Eyes Advanced Dry and Itchy Relief Eye Drops | 1010009 | 0.5 fl oz | \$7.75 |
| Clear Eyes Enhanced Moisturizing Triple Action Relief Eye Drops | 1010010 | 0.5 fl oz | \$5.50 |
| Clear Eyes Redness Relief Eye Drops | 1010011 | 1 fl oz | \$9.50 |
| Naphcon A Allergy Relief Eye Drops | 1010013 | 0.5 fl oz | \$16.50 |
| Pataday Once Daily Eye Allergy Itch Relief Drops, Extra Strength (2 pack) | 1010015 | 2.5 mL (each) | \$47.50 |
| Refresh Plus Lubricant Eye Drops - Single Use Containers | 1010016 | 70 count | \$35.00 |
| Refresh Tears Lubricant Eye Drops (2 pack) | 1010017 | 0.5 fl oz (each) | \$25.00 |
| Similasan Complete Eye Relief Drops | 1010018 | 0.33 fl oz | \$13.00 |
| Stye Sterile Lubricant Eye Ointment | 1010019 | 0.125 oz | \$10.50 |
| Systane Lubricant Eye Ointment for Nighttime | 1010020 | 0.125 oz | \$17.00 |
| TheraTears Lubricant Eye Drops | 1010021 | 1 fl oz | \$22.00 |
| Visine Allergy Relief Eye Drops | 1010022 | 0.5 fl oz | \$8.00 |
| Visine Redness Relief Eye Drops | 1010023 | 0.5 fl oz | \$6.00 |
| Zaditor Eye Itch Relief Drops | 1010024 | 0.17 fl oz | \$19.50 |
| Advanced Redness and Irritation Relief Eye Drops | 1010001 | 0.5 fl oz | \$2.75 |
| Eye Wash Solution | 1010003 | 4 fl oz | \$5.50 |
| Lubricant Eye Drops, Single Use Containers | 1010004 | 30 count | \$10.50 |
| Once Daily Eye Allergy Itch Relief Drops | 1010005 | 2.5 ml | \$16.50 |
| Redness Relief Eye Drops | 1010006 | 0.5 fl oz | \$2.25 |
| Bausch and Lomb OcuVite Eye Vitamin and Mineral Supplement Mini Softgels | 1050016 | 90 count | \$30.50 |
| Bausch and Lomb Preservision Areds 2 Formula Eye Vitamin Mini Softgels | 1050017 | 60 count | \$26.00 |
| FIRST AID - BANDAGES | | | |
| Band-Aid Flexible Fabric Adhesive Bandages, 0.75" x 3" | 1120046 | 30 count | \$5.00 |
| Band-Aid Flexible Fabric Adhesive Bandages, 1.75" x 4" | 1120047 | 10 count | \$5.00 |

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| PRODUCT NAME | CATALOG ID | PACKAGING | PRICE |
|--|------------|-----------|---------|
| Band-Aid Flexible Fabric Adhesive Bandages, Assorted Sizes | 1120048 | 100 count | \$12.50 |
| Band-Aid Skin-Flex Adhesive Bandages, 2.75" x 3.5" | 1120051 | 7 count | \$6.00 |
| Band-Aid Tough Strips Adhesive Bandage, 1.75" x 4" | 1120052 | 10 count | \$5.50 |
| Band-Aid Tru-Stay Plastic Adhesive Bandages, 0.75" x 3" | 1120053 | 60 count | \$4.00 |
| Flexible Adhesive Bandages, Variety Pack | 1120013 | 120 count | \$6.50 |
| Flexible Fabric Adhesive Bandages, 0.75" x 3" | 1120014 | 30 count | \$2.00 |
| Flexible Fabric Adhesive Bandages, Assorted Sizes | 1120015 | 30 count | \$3.00 |
| Flexible Fabric Adhesive Bandages, Assorted Sizes | 1120016 | 100 count | \$6.00 |
| Flexible Fabric Adhesive Bandages, One Size | 1120017 | 100 count | \$5.50 |
| Liquid Bandage | 1120027 | 1 fl oz | \$5.00 |
| Smart-Flex Adhesive Bandages, 2.75" x 3.5" | 1120035 | 7 count | \$4.00 |
| Waterproof Butterfly Closures | 1120037 | 20 count | \$3.50 |
| FIRST AID - CLEANSERS | | | |
| Advanced Moisturizing Hand Sanitizer | 3240001 | 2 oz | \$2.00 |
| Isopropyl Alcohol 70% Prep Pads | 1160006 | 200 count | \$4.00 |
| Hydrogen Peroxide 3% Solution | 1120023 | 16 fl oz | \$1.50 |
| Isopropyl Alcohol 70% Solution | 1120025 | 16 fl oz | \$2.50 |
| Isopropyl Alcohol 70% Wipes | 1120026 | 40 count | \$5.50 |
| Saline Wound Wash Spray | 1120031 | 7.4 oz | \$8.00 |
| Cottonelle Flushable Wet Wipes (Trial Size) | 6010007 | 14 count | \$2.00 |
| Wet Ones Antibacterial Hand Wipes, Fresh Scent | 6010014 | 20 count | \$3.00 |
| Antibacterial Hand Wipes, Fresh Scent | 6010002 | 15 count | \$2.00 |
| FIRST AID - DRESSINGS AND GAUZE | | | |
| Triple Size Cotton Balls | 6600001 | 200 count | \$3.00 |
| Band-Aid Cushion-Care Adhesive Gauze Pad, 4.5" x 5.5" | 1120045 | 4 count | \$15.00 |

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| PRODUCT NAME | CATALOG ID | PACKAGING | PRICE |
|--|------------|-----------|---------|
| Band-Aid Hurt-Free Non-Stick Pads, 3" x 4" | 1120049 | 10 count | \$5.50 |
| Band-Aid Tru-Stay Sheer Adhesive Pads, 2.9" x 4" | 1120054 | 10 count | \$6.50 |
| Cotton Gauze 4" Roll | 1120006 | 4 yards | \$2.50 |
| Gauze Sponges, 4" x 4" | 1120018 | 50 count | \$7.50 |
| Sheer Adhesive Bandages, 3" x 4" | 1120034 | 20 count | \$5.50 |
| Waterproof Adhesive Pads, 3" x 4" | 1120036 | 6 count | \$3.50 |
| FIRST AID - HOT AND COLD | | | |
| Reusable Hot and Cold Compress, 5" x 11.5" | 1120029 | 1 count | \$5.00 |
| Reusable Hot and Cold Gel Pack with Strap, 4.75" x 7.75" | 1120030 | 1 count | \$6.50 |
| Deluxe Heating Pad with 4 Heat Settings, 12" x 24" | 1040006 | 1 count | \$47.50 |
| Standard Heating Pad with 3 Heat Settings, 12" x 15" | 1040029 | 1 count | \$27.00 |
| FIRST AID - KITS | | | |
| Finger Cots, Assorted Sizes | 1120011 | 36 count | \$5.00 |
| Instant Finger Splints | 1120024 | 2 count | \$6.00 |
| Wound Care Kit | 1120039 | 1 kit | \$5.50 |
| FIRST AID - OINTMENTS AND TOPICALS | | | |
| Vaseline Petroleum Jelly | 1060005 | 13 oz | \$7.50 |
| Petroleum Jelly | 1060003 | 13 oz | \$5.00 |
| Aquaphor Advanced Therapy Healing Ointment | 1120043 | 1.75 oz | \$7.00 |
| Aveeno Anti-Itch Concentrated Lotion | 1120044 | 4 fl oz | \$9.50 |
| Benadryl Itch Cooling Spray | 1120055 | 2 fl oz | \$8.25 |
| Benadryl Itch Relief Cream, Extra Strength | 1120056 | 1 oz | \$8.50 |
| Benadryl Itch Relief Gel, Extra Strength | 1120057 | 3.5 fl oz | \$9.50 |
| Cortizone 10 Anti-Itch Cream, Maximum Strength | 1120059 | 2 oz | \$11.25 |
| Neosporin Original Triple Antibiotic Ointment | 1120061 | 0.5 oz | \$7.25 |

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| PRODUCT NAME | CATALOG ID | PACKAGING | PRICE |
|---|------------|-----------|---------|
| Antibiotic and Pain Relief Cream, Maximum Strength | 1120001 | 0.5 oz | \$4.00 |
| Bacitracin Zinc First Aid Ointment | 1120003 | 1 oz | \$2.50 |
| Calamine Lotion | 1120005 | 6 fl oz | \$5.50 |
| Epsom Salt | 1120008 | 3 lb | \$5.50 |
| Hydrocortisone 1% Anti-Itch Cream | 1120020 | 1 oz | \$3.00 |
| Hydrocortisone 1% Anti-Itch Cream | 1120021 | 2 oz | \$4.00 |
| Hydrocortisone 1% Plus Anti-Itch Cream, Maximum Strength | 1120022 | 1 oz | \$3.50 |
| Petroleum Jelly | 1120028 | 3.75 oz | \$3.00 |
| Aquaphor Advanced Therapy Healing Ointment | 3270003 | 14 oz | \$21.00 |
| Petroleum Jelly (Trial Size) | 6010004 | 1 oz | \$1.50 |
| FIRST AID - PPE | | | |
| Blue Nitrile Gloves, One Size Fits Most | 1120004 | 50 count | \$12.50 |
| Disposable Vinyl Gloves, One Size Fits Most | 1120007 | 100 count | \$10.50 |
| Exam Quality Synthetic Nitrile Gloves, One Size Fits Most | 1120009 | 50 count | \$12.00 |
| Exam Quality Synthetic Nitrile Gloves, One Size Fits Most | 1120010 | 100 count | \$22.00 |
| General Purpose 3-Ply Disposable Face Masks | 1120019 | 40 count | \$12.00 |
| FIRST AID - TAPE AND WRAPS | | | |
| 3M Nexcare 1" Waterproof Tape | 1120040 | 5 yards | \$6.00 |
| ACE 3" Elastic Bandage with Clips | 1120041 | 1 count | \$5.75 |
| ACE 4" Elastic Bandage with Clips | 1120042 | 1 count | \$7.00 |
| Band-Aid Hurt-Free Self-Adherent 2" Wound Wrap | 1120050 | 2.3 yards | \$6.00 |
| Coach Self-Adhering Elastic 2" Wrap | 1120058 | 2.2 yards | \$4.50 |
| First Aid 1" Paper Tape | 1120012 | 10 yards | \$3.00 |
| Self-Adhering 1" Athletic Bandage | 1120032 | 70 inches | \$3.00 |
| Self-Adhering 3" Athletic Bandage | 1120033 | 70 inches | \$3.25 |

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| PRODUCT NAME | CATALOG ID | PACKAGING | PRICE |
|--|------------|------------|---------|
| Waterproof Foam 1" Tape | 1120038 | 5 yards | \$4.50 |
| FOOT CARE | | | |
| Dr. Scholl's Duragel Corn Removers | 1090010 | 6 count | \$8.00 |
| Fungi Nail Antifungal Solution, Maximum Strength | 1090011 | 1 fl oz | \$18.00 |
| FungiCure Anti-Fungal Liquid | 1090012 | 1 fl oz | \$14.50 |
| Kerasal Fungal Nail Renewal Treatment | 1090013 | 0.33 fl oz | \$32.00 |
| Lamisil AT Antifungal Cream | 1090014 | 1 oz | \$23.50 |
| Lotrimin Ultra Antifungal Cream | 1090015 | 1.1 oz | \$27.50 |
| NonyX Fungal Nail Gel | 1090016 | 4 oz | \$32.50 |
| ProClearz Fungal Shield Antifungal Brush-On Liquid, Maximum Strength | 1090017 | 1 fl oz | \$11.00 |
| Clotrimazole 1% Athlete's Foot Cream | 1090001 | 1 oz | \$2.50 |
| Foot Powder, Talc-Free | 1090002 | 7 oz | \$6.50 |
| Liquid Corn and Callus Remover Kit | 1090003 | 1 kit | \$5.50 |
| Miconazole Nitrate 2% Athlete's Foot Powder Spray | 1090004 | 4.6 oz | \$8.50 |
| Oval Corn Cushions | 1090005 | 9 count | \$3.00 |
| Super Moleskin Padding, Trim to Fit | 1090006 | 3 count | \$4.50 |
| Tolnaftate 1% Antifungal Cream | 1090007 | 0.5 oz | \$2.00 |
| Tolnaftate 1% Antifungal Spray | 1090008 | 5.3 oz | \$8.00 |
| Ultra Thin Corn Removers | 1090009 | 18 count | \$8.50 |
| O'Keeffe's for Healthy Feet Foot Cream | 3270010 | 3 oz | \$9.50 |
| HEMORRHOID RELIEF | | | |
| Preparation H Hemorrhoidal Suppositories | 1020045 | 24 count | \$22.00 |
| Preparation H with Aloe Hemorrhoidal Cream | 1020046 | 0.9 oz | \$10.50 |
| Preparation H with Aloe Medicated Hemorrhoidal Wipes | 1020047 | 48 count | \$8.50 |
| Hemorrhoidal Relief Ointment | 1020011 | 2 oz | \$5.00 |

| PRODUCT NAME | CATALOG ID | PACKAGING | PRICE |
|--|------------|-----------------|---------|
| Medicated Hemorrhoid Relief with Witch Hazel Pads | 1020017 | 100 count | \$5.50 |
| IMMUNITY | | | |
| Halls Defense Sugar Free Vitamin C Drops, Assorted Citrus Flavors | 1040056 | 25 count | \$3.50 |
| Halls Defense Vitamin C Drops, Assorted Citrus Flavors | 1040057 | 80 count | \$7.00 |
| Airborne Immune Support Supplement Chewable Tablets, Citrus | 1050012 | 96 count | \$29.00 |
| Airborne Immune Support Supplement Effervescent Tablets, Zesty Orange (3 pack) | 1050013 | 10 count (each) | \$25.50 |
| Emergen-C Vitamin C 1000mg Daily Immune Support Effervescent Mix, Super Orange | 1050023 | 30 count | \$16.50 |
| Emergen-C Vitamin C 500mg Daily Immune Support Gummies, Assorted Flavors | 1050024 | 45 count | \$18.00 |
| Emergen-C Vitamin C 750mg Daily Immune Support Gummies, Assorted Flavors | 1050025 | 45 count | \$19.00 |
| Nature Made Vitamin C 100mg Tablets | 1050043 | 100 count | \$17.50 |
| Nature Made Vitamin C 500mg Chewable Tablets | 1050044 | 60 count | \$11.75 |
| Vitafusion Power C Vitamin Gummies, Orange | 1050064 | 150 count | \$15.50 |
| Vitamin C 500mg Tablets | 1050008 | 100 count | \$5.50 |
| INCONTINENCE SUPPLIES | | | |
| Always Discreet Women's Incontinence Pads - Light Absorbency | 1170015 | 30 count | \$7.50 |
| Always Discreet Women's Incontinence Pads - Moderate Absorbency | 1170016 | 20 count | \$7.50 |
| Adult Wash Cloths, Fragrance Free | 1170001 | 48 count | \$5.00 |
| Incontinence Bed Underpads, 30" x 36" | 1170002 | 20 count | \$16.00 |
| Men's Incontinence Guards - Maximum Absorbency, One Size Fits Most | 1170003 | 52 count | \$15.00 |
| Unisex Pull Up Underwear - Overnight Absorbency, Large Size (see size chart on page 29) | 1170004 | 14 count | \$13.00 |
| Unisex Pull Up Underwear - Overnight Absorbency, Small/Medium Size (see size chart on page 29) | 1170005 | 15 count | \$13.00 |
| Women's Incontinence Pads - Light Absorbency | 1170006 | 30 count | \$7.75 |
| Women's Incontinence Pads - Maximum Absorbency | 1170007 | 48 count | \$16.00 |

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| PRODUCT NAME | CATALOG ID | PACKAGING | PRICE |
|---|------------|-----------|---------|
| Women's Incontinence Pads - Maximum Absorbency, Long Length | 1170008 | 39 count | \$12.50 |
| Women's Incontinence Pads - Moderate Absorbency | 1170009 | 20 count | \$7.00 |
| Women's Incontinence Pads - Ultimate Absorbency | 1170010 | 33 count | \$12.50 |
| Women's Incontinence Pads - Ultimate Absorbency, Long Length | 1170011 | 45 count | \$17.50 |
| Women's Overnight Incontinence Pads - Ultimate Absorbency | 1170012 | 30 count | \$12.50 |
| Women's Pull Up Underwear - Maximum Absorbency, Large Size (see size chart on page 29) | 1170013 | 17 count | \$14.00 |
| Women's Pull Up Underwear - Maximum Absorbency, Medium Size (see size chart on page 29) | 1170014 | 18 count | \$13.00 |
| PAIN CARE - ANALGESICS | | | |
| Advil Ibuprofen 200mg (NSAID) Coated Caplets | 1030022 | 100 count | \$17.00 |
| Advil Ibuprofen 200mg (NSAID) Liqui-Gels | 1030023 | 20 count | \$6.00 |
| Advil Ibuprofen 200mg (NSAID) Liqui-Gels | 1030024 | 80 count | \$21.00 |
| Bayer Low Dose Aspirin 81mg Enteric Coated Tablets | 1030030 | 120 count | \$11.50 |
| Excedrin Migraine (NSAID) Caplets | 1030036 | 24 count | \$6.75 |
| Excedrin Migraine (NSAID) Caplets, Extra Strength | 1030037 | 24 count | \$7.50 |
| St. Joseph Low Dose Aspirin 81mg Enteric Coated Tablets | 1030044 | 120 count | \$7.75 |
| Tylenol Acetaminophen 500mg Extra Strength Caplets | 1030048 | 100 count | \$16.25 |
| Tylenol Acetaminophen 500mg Extra Strength Rapid Release Gels | 1030049 | 24 count | \$8.00 |
| Tylenol Acetaminophen 650mg 8-Hr Arthritis Pain Relief Caplets | 1030050 | 24 count | \$6.00 |
| Tylenol Acetaminophen 650mg 8-Hr Arthritis Pain Relief Caplets | 1030051 | 100 count | \$18.00 |
| Tylenol Acetaminophen 650mg 8-Hr Muscle Aches and Pain Relief Caplets | 1030052 | 24 count | \$8.00 |
| Tylenol PM Extra Strength Caplets | 1030053 | 24 count | \$6.75 |
| Acetaminophen 500mg Extra Strength Caplets | 1030001 | 24 count | \$3.00 |
| Acetaminophen 500mg Extra Strength Caplets | 1030002 | 100 count | \$5.00 |
| Acetaminophen 500mg Extra Strength Rapid Release Gelcaps | 1030003 | 100 count | \$8.00 |

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| PRODUCT NAME | CATALOG ID | PACKAGING | PRICE |
|---|------------|-----------------|---------|
| Acetaminophen 500mg PM Extra Strength Caplets | 1030004 | 50 count | \$4.00 |
| Acetaminophen 500mg PM Extra Strength Caplets | 1030005 | 300 count | \$16.00 |
| Acetaminophen 650mg 8-Hr Arthritis Pain Relief Caplets | 1030006 | 50 count | \$5.25 |
| Acetaminophen 650mg 8-Hr Arthritis Pain Relief Caplets | 1030007 | 225 count | \$16.00 |
| Aspirin Low Dose 81mg Chewable Tablets, Cherry | 1030008 | 36 count | \$2.25 |
| Aspirin Low Dose 81mg Chewable Tablets, Cherry (3 pack) | 1030009 | 36 count (each) | \$6.00 |
| Aspirin Low Dose 81mg Enteric Coated Tablets | 1030010 | 200 count | \$4.50 |
| Aspirin Low Dose 81mg Enteric Coated Tablets | 1030011 | 500 count | \$10.00 |
| Ibuprofen (NSAID) 200mg Softgels | 1030017 | 300 count | \$18.00 |
| Ibuprofen (NSAID) 200mg Tablets | 1030018 | 200 count | \$6.00 |
| Migraine Relief (NSAID) Coated Caplets | 1030019 | 50 count | \$3.75 |
| Naproxen Sodium 220mg (NSAID) Caplets | 1030020 | 100 count | \$7.75 |
| Acetaminophen 500mg Extra Strength Caplets (Trial Size) | 6010001 | 12 count | \$2.00 |
| PAIN CARE - MISCELLANEOUS REMEDIES | | | |
| AccuRelief TENS Unit Pain Relief System | 1030021 | 1 count | \$57.50 |
| Hyland's Restful Legs Quick Dissolving Tablets | 1050031 | 50 count | \$13.00 |
| Hyland's PM Leg Cramp Relief Quick Dissolving Tablets | 1030038 | 50 count | \$15.00 |
| Theraworx for Muscle Cramp and Spasm Relief Foam | 1030045 | 7.1 oz | \$24.00 |
| PAIN CARE - TOPICAL ANALGESICS | | | |
| Aspercreme Original Cream | 1030025 | 3 oz | \$9.00 |
| Aspercreme with Lidocaine 4% Cream, Max Strength | 1030026 | 4.3 oz | \$14.50 |
| Aspercreme with Lidocaine 4% Patch, Max Strength | 1030027 | 5 count | \$12.50 |
| Aspercreme with Lidocaine 4% Roll-On, Max Strength | 1030028 | 2.5 fl oz | \$12.50 |
| Bengay Pain Relief Cream, Ultra Strength | 1030031 | 4 oz | \$11.50 |
| Biofreeze Cold Therapy Pain Relief Gel | 1030032 | 3 oz | \$16.50 |

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| PRODUCT NAME | CATALOG ID | PACKAGING | PRICE |
|---|------------|----------------|---------|
| Biofreeze Cold Therapy Pain Relief Roll-On | 1030033 | 2.5 oz | \$16.00 |
| Boiron ArnicareGel for Pain Relief | 1030034 | 2.6 oz | \$13.00 |
| Cura-Heat Air-Activated Heat Therapy Patches, 3.8" x 5.1" | 1030035 | 7 count | \$9.00 |
| Icy Hot MAX Lidocaine 4% Roll-On | 1030039 | 2.5 oz | \$14.00 |
| Icy Hot Original Pain Relief Cream | 1030040 | 3 oz | \$7.50 |
| Icy Hot Original Pain Relief Patch, 3.9" x 7.8" | 1030041 | 5 count | \$11.00 |
| Salonpas Lidocaine 4% Gel Patch | 1030042 | 6 count | \$16.50 |
| Salonpas Lidocaine Plus Pain Relieving Cream | 1030043 | 3 oz | \$14.50 |
| ThermaCare Advanced Back Pain Therapy Heatwraps, Large/X-Large Size | 1030046 | 2 count | \$10.00 |
| Tiger Balm Pain Relieving Ointment, Ultra Strength | 1030047 | 0.63 oz | \$8.25 |
| VoltarenI Arthritis Pain Relief Gel | 1030056 | 3.53 oz | \$27.75 |
| Diclofenac Sodium 1% (NSAID) Arthritis Pain Relief Gel | 1030012 | 3.53 oz | \$17.00 |
| Hot and Cold Medicated Back Patch | 1030014 | 5 count | \$5.25 |
| Hot and Cold Pain Relieving Cream, Extra Strength | 1030015 | 3 oz | \$3.25 |
| PAIN CARE - UTI | | | |
| Azo Urinary Pain Relief Tablets, Maximum Strength | 1030029 | 24 count | \$16.00 |
| Azo Urinary Tract Health Softgels, Cranberry | 1050015 | 100 count | \$20.50 |
| RESPIRATORY RELIEF | | | |
| Breathe Right Clear Nasal Strips, Extra Strength | 1040043 | 26 count | \$16.00 |
| Bronkaid Max for Asthma Relief Caplets | 1040044 | 60 count | \$15.50 |
| Primatene Mist Epinephrine Inhalation Aerosol | 1040067 | 160 sprays | \$36.00 |
| Vicks VapoInhaler, Menthol (2 pack) | 1040085 | 1 count (each) | \$18.50 |
| Vicks VapoRub Cough Suppressant Ointment | 1040086 | 3.53 oz | \$12.00 |
| Nasal Clear Strips, Extra Strength | 1040019 | 26 count | \$11.00 |
| Camphor 6.2% Vaporizing Steam for Congestion Relief | 1040002 | 8 fl oz | \$10.00 |

| PRODUCT NAME | CATALOG ID | PACKAGING | PRICE |
|---|------------|-------------|---------|
| Ultrasonic Cool Mist Humidifier | 1040032 | Half Gallon | \$43.00 |
| SKIN CARE | | | |
| Johnson's Baby Powder with Aloe and Vitamin E | 1060004 | 15 oz | \$7.25 |
| PanOxyl PM Overnight Spot Clear Patches | 3270011 | 40 count | \$10.50 |
| Gold Bond Medicated Eczema Relief Cream | 1120060 | 5.5 oz | \$14.50 |
| AmLactin Daily Moisturizing Body Lotion | 3270002 | 7.9 oz | \$21.00 |
| Aveeno Eczema Therapy Daily Moisturizing Cream | 3270004 | 7.3 oz | \$18.50 |
| Bag Balm Hand and Body Skin Moisturizer | 3270005 | 8 oz | \$12.00 |
| CeraVe Healing Ointment | 3270006 | 12 oz | \$26.50 |
| Gold Bond Healing Hydrating Cream with Aloe | 3270009 | 5.5 oz | \$9.50 |
| Eczema Relief Cream | 3270001 | 8 oz | \$7.50 |
| Aquaphor Advanced Therapy Healing Ointment (Trial Size) | 6010006 | 0.25 oz | \$4.50 |
| Vaseline Intensive Care Body Lotion (Trial Size) | 6010013 | 2 oz | \$3.00 |
| SLEEP AIDS | | | |
| GNC Melatonin 3mg Tablets | 1150002 | 60 count | \$7.75 |
| Unisom Sleep Aid Tablets | 1030054 | 48 count | \$16.00 |
| Vicks ZzzQuil PURE Zzzs Gummies | 1030055 | 42 count | \$21.00 |
| Diphenhydramine HCl 50mg Nighttime Sleep Aid Softgels, Maximum Strength | 1030013 | 32 count | \$5.00 |
| Natrol Melatonin 10mg Gummies, Strawberry | 1050034 | 90 count | \$17.50 |
| OLLY SLEEP Gummies, Blackberry Zen | 1050055 | 50 count | \$19.50 |
| SUN CARE | | | |
| Banana Boat Ultra Sport Sunscreen Lotion, SPF 50 | 3280003 | 8 fl oz | \$12.00 |
| Cetaphil Sunscreen Stick, SPF 50 | 3280004 | 0.5 oz | \$11.50 |
| Neutrogena Ultra Sheer Dry-Touch Sunscreen Lotion, SPF 70 | 3280005 | 3 fl oz | \$13.50 |
| Sun Bum Original Sunscreen Spray, SPF 70 | 3280006 | 6 fl oz | \$19.00 |

We reserve the right to limit quantities or offer a comparable substitute when necessary of any product at any time.

| PRODUCT NAME | CATALOG ID | PACKAGING | PRICE |
|---|------------|-----------|---------|
| After Sun Gel with Aloe | 3280001 | 16 fl oz | \$9.25 |
| Sunburn Relief Gel | 3280002 | 8 oz | \$5.50 |
| VITAMINS, MINERALS, AND SUPPLEMENTS - DUAL PURPOSE | | | |
| GNC CoQ-10 100mg Softgels | 1150001 | 60 count | \$30.00 |
| GNC Select Men's 50+ Daily Multi-Vitamin Caplets | 1150003 | 60 count | \$11.50 |
| GNC Select Women's 50+ Daily Multi-Vitamin Caplets | 1150004 | 60 count | \$11.50 |
| GNC Select Women's Daily Multi-Vitamin Caplets | 1150005 | 60 count | \$11.00 |
| GNC Vitamin D-3 25mcg Capsules | 1150006 | 180 count | \$8.50 |
| Liquid I.V. Energy Multiplier Drink Mix, Lemon Ginger | 6540001 | 6 count | \$17.00 |
| Liquid I.V. Hydration Multiplier Drink Mix, Passion Fruit | 6540002 | 6 count | \$14.00 |
| Applied Nutrition Healthy Brain All-Day Focus Tablets | 1050014 | 50 count | \$16.50 |
| Caltrate 600 Plus Vitamin D3 Tablets | 1050018 | 200 count | \$28.00 |
| Centrum Men's Multi-Vitamin Gummies, Fruit | 1050019 | 170 count | \$23.00 |
| Centrum Women 50+ Multi-Vitamin Gummies, Assorted Flavors | 1050020 | 80 count | \$14.50 |
| Citracal Calcium Citrate Maximum Plus Coated Caplets | 1050021 | 180 count | \$20.00 |
| Citracal Calcium Citrate Plus Vitamin D3 Coated Tablets | 1050022 | 200 count | \$16.00 |
| Feosol Ferrous Sulfate Iron High Potency Tablets | 1050026 | 120 count | \$15.00 |
| Geritol B-Vitamins and Iron Energy Support Liquid | 1050028 | 12 fl oz | \$12.00 |
| Goli Apple Cider Vinegar Gummies | 1050029 | 60 count | \$22.00 |
| Goli Ashwagandha Gummies, Assorted Berry Flavors | 1050030 | 60 count | \$22.00 |
| Nature Made B-Complex Tablets | 1050035 | 75 count | \$13.50 |
| Nature Made B-Complex with Vitamin C Caplets | 1050036 | 100 count | \$14.00 |
| Nature Made Calcium 500mg with Vitamin D3 Tablets | 1050037 | 130 count | \$13.25 |
| Nature Made Iron 65mg Tablets | 1050038 | 180 count | \$12.50 |
| Nature Made Magnesium 400mg Softgels | 1050039 | 60 count | \$14.00 |

| PRODUCT NAME | CATALOG ID | PACKAGING | PRICE |
|--|------------|-----------|---------|
| Nature Made Vitamin B12 1000mcg Sublingual Micro-Lozenges | 1050040 | 50 count | \$9.75 |
| Nature Made Vitamin B12 500mg Tablets | 1050041 | 200 count | \$18.00 |
| Nature Made Vitamin B6 100mg Tablets | 1050042 | 100 count | \$12.00 |
| Nature Made Vitamin D3 125mcg Softgels | 1050045 | 90 count | \$21.00 |
| Nature Made Vitamin D3 25mcg Softgels | 1050046 | 100 count | \$11.00 |
| Nature's Bounty Vitamin B12 1000mcg Coated Tablets | 1050047 | 100 count | \$12.50 |
| Nature's Bounty Vitamin D3 250mcg Softgels | 1050048 | 72 count | \$19.50 |
| Nature's Truth Biotin 10,000mcg Tablets | 1050049 | 120 count | \$16.75 |
| Nature's Truth Vitamin D3 125mcg Softgels | 1050050 | 130 count | \$18.00 |
| Nature's Way Alive! Women's 50+ Multi-Vitamin Gummies, Power Blend | 1050051 | 60 count | \$15.50 |
| Neuriva Plus Brain Performance Supplement | 1050052 | 30 count | \$63.50 |
| OLLY MULTI Men's Multi-Vitamin Gummies, Blackberry Blitz | 1050053 | 90 count | \$19.00 |
| OLLY MULTI Women's Multi-Vitamin Gummies, Blissful Berry | 1050054 | 90 count | \$19.00 |
| One A Day Men's 50+ Healthy Advantage Multi-Vitamin Tablets | 1050056 | 65 count | \$12.00 |
| One A Day Women's 50+ Healthy Advantage Multi-Vitamin Tablets | 1050057 | 65 count | \$14.25 |
| Prevagen Extra Strength Capsules | 1050058 | 30 count | \$72.00 |
| Schiff Glucosamine 2000mg Coated Tablets | 1050060 | 150 count | \$19.50 |
| Super Beta Prostate Supplement | 1050061 | 60 count | \$36.00 |
| Vitafusion Calcium 500mg Gummies, Assorted Fruit Flavors | 1050062 | 100 count | \$17.50 |
| Vitafusion Men's Multi-Vitamin Gummies | 1050063 | 150 count | \$16.50 |
| Vitafusion Vitamin D3 50mcg Gummies, Assorted Fruit Flavors | 1050065 | 150 count | \$14.50 |
| Vitafusion Women's Multi-Vitamin Gummies, Assorted Fruit Flavors | 1050066 | 150 count | \$16.50 |
| Vital Proteins Collagen Peptides, Unflavored | 1050067 | 10 oz | \$35.00 |
| Vitron-C Iron 65mg Plus Vitamin C Tablets | 1050068 | 60 count | \$21.50 |

We reserve the right to limit quantities or offer a comparable substitute when necessary of any product at any time.

Order online at ShopHighmarkOTC.com | 27

| PRODUCT NAME | CATALOG ID | PACKAGING | PRICE |
|---|------------|-----------|---------|
| B-Complex with Vitamin B-12 Tablets | 1050001 | 100 count | \$8.00 |
| Calcium 600mg Plus Vitamin D3 Tablets | 1050002 | 60 count | \$4.25 |
| Fish Oil 1000mg Enteric Coated Softgels | 1050003 | 60 count | \$8.00 |
| Glucosamine Chondroitin 500mg/400mg Capsules | 1050004 | 180 count | \$15.00 |
| Magnesium 500mg Capsules | 1050005 | 100 count | \$5.50 |
| Men's 50+ One Daily Multi-Vitamin with Vitamin D3 Tablets | 1050006 | 65 count | \$9.75 |
| Multi-Vitamin Pectin Gummies, Strawberry and Raspberry | 1050007 | 60 count | \$15.00 |
| Vitamin D3 125mg Softgels | 1050009 | 100 count | \$8.00 |
| Vitamin E 400IU Softgels | 1050010 | 60 count | \$6.50 |
| Women's 50+ One Daily Multi-Vitamin Plus Vitamin D3 Tablets | 1050011 | 120 count | \$12.75 |

For the most up-to-date product listing, please visit **ShopHighmarkOTC.com**.

The health information provided in the catalog is general in nature and is not medical advice or a substitute for professional health care.

For more product information, please call our OTC Fulfillment Center at **1-800-383-2544 (TTY 711)** or log in to your account at **ShopHighmarkOTC.com**. If you have a concern about any drug interactions with your current prescriptions, please consult your doctor, pharmacist, or other health care provider.

All product and company names are trademarks or registered trademarks of their respective holders. Use of them does not imply any affiliation with or endorsement by them.

For Medicare Advantage plans: benefits may change on January 1, 2024. We must follow Medicare rules in making these changes. *Please note: This is not applicable to ACA plans.*

Sizing Information

DIABETIC COMPRESSION CREW SOCKS

SHOE SIZE

| SIZE | US MEN'S | US WOMEN'S |
|---------|-----------|------------|
| MEDIUM | 8.5 - 10 | 9.5 - 11 |
| LARGE | 10.5 - 12 | 11.5 - 13 |
| X-LARGE | 12.5 - 14 | - |

INCONTINENCE UNDERWEAR

SIZING

| SIZE | WAIST | HIPS | WEIGHT |
|---------------|-----------|-----------|---------------|
| SMALL/MEDIUM* | 28" - 40" | 34" - 46" | 115 - 190 lbs |
| MEDIUM | 28" - 40" | 34" - 46" | 115 - 190 lbs |
| LARGE | 38" - 50" | 44" - 54" | 170 - 260 lbs |
| X-LARGE | 48" - 64" | 48" - 64" | 200 - 300 lbs |

**SMALL/MEDIUM sizing for Overnight Absorbancy only.*

Frequently Asked Questions

GENERAL

Q: Can I use this allowance at my local pharmacy or anywhere else outside the OTC program?

A: No. You can only use your OTC allowance through the OTC Fulfillment Center. Orders can be placed online at ShopHighmarkOTC.com or by phone at 1-800-383-2544 (TTY 711). Phone orders can be placed during the following hours of operation: Monday – Friday from 8 a.m. – 8 p.m. ET, Saturday from 9 a.m. – 5 p.m. ET, and Sunday from 10 a.m. – 5 p.m. ET.

Q: Do unused OTC allowances roll over to the following quarter?

A: No, unused OTC allowance will expire at the end of the quarter.

Q: How many OTC orders can I place each quarter?

A: You can place as many orders as you'd like per quarter, but you'll only receive one free shipping credit per quarter, so we recommend you order all the products you need for that quarter at once to avoid shipping costs.

Q: Am I getting charged any additional fees for this benefit?

A: There are no additional fees or out-of-pocket expenses if you stay within your quarterly allowance and place one order per quarter. If you place more than one order per quarter, you will be charged shipping and handling fees.

Q: Can I order more than my available allowance worth of OTC products in a single order and cover the remaining charges myself?

A: Yes. You can use your credit card to pay the amount above your allowance threshold.

Q: Can I use my allowance for someone else or combine my allowance with someone else's like a spouse, family member, or friend?

A: If you are a Medicare Advantage member, your allowance is meant for your member use only, and cannot be combined.

If you are enrolled in an ACA plan, the allowance is assigned at the policyholder level, but it can be combined with other family members on the plan, and can be used for anyone covered on the plan.

Q: How many days does it take to receive an order?

A: Orders are delivered within 7-10 business days.

Q: Is there a shipping and handling charge?

A: You will receive one free shipping and handling credit once per quarter. If you place more than one order in a quarter, you will be charged a shipping and handling fee.

Q: Who can I contact if I have any additional questions?

A: Please contact the OTC Fulfillment Center at 1-800-383-2544 (TTY 711). The hours of operation are Monday – Friday from 8 a.m. – 8 p.m. ET, Saturday from 9 a.m. – 5 p.m. ET, and Sunday from 10 a.m. – 5 p.m. ET.

Frequently Asked Questions (continued)

ONLINE OTC MEMBER PORTAL

Q: What do I need to log into my account?

A: You will need your Highmark member ID found on the front of your Highmark member ID card and your date of birth.

Enter your Highmark member ID number (12 digits) in the **Member ID** field, then enter your date of birth (MMDDYY) in the **Password** field.

ACA members: Enter policyholder information to log in.

Q: What OTC benefit information can I access from the website?

A: You can:

- View OTC member account information and manage your shipping address.
- View your available allowance balance.
- View catalog products.
- Search for specific over-the-counter products.
- Track orders.
- Download a product catalog.

Q: How do I print a product catalog?

A: You can download a product catalog from the website. Click **My Account** at the top of the page and choose **Download Catalog**. If you need a printed catalog mailed to you, call the number on the back of your Highmark member ID card.

Q: I changed my address in the “Ship to” area of the website. Why is my primary address not changed?

A: If you need to change your primary address, please call the number on the back of your Highmark member ID card.

Q: How do I change my shipping address after I place an order?

A: Please contact the OTC Fulfillment Center at **1-800-383-2544 (TTY 711)**. The hours of operation are Monday – Friday from 8 a.m. – 8 p.m. ET, Saturday from 9 a.m. – 5 p.m. ET, and Sunday from 10 a.m. – 5 p.m. ET.

Q: Where can I find my available allowance?

A: Go to **My Account** and your allowance balance will be displayed. Your quarterly allowance is credited on the first day of each new quarter.

Q: How do I check my order status online?

A: Go to **My Account** and click **Order History** for a list of orders placed. If you placed your order by phone, it will still display in your order history on the website.

Q: Why am I unable to find a product on the website that is listed in the catalog?

A: This may happen if the product is out of stock or has been recently updated but is not yet visible. If a product is not in stock, a product of similar or greater quality may be substituted and displayed on the website.

This information is issued on behalf of Highmark Blue Shield and its affiliated Blue companies, which are independent licensees of the Blue Cross Blue Shield Association. Highmark Inc. d/b/a Highmark Blue Shield and certain of its affiliated Blue companies serve Blue Shield members in 21 counties in central Pennsylvania. As a partner in joint operating agreements, Highmark Blue Shield also provides services in conjunction with a separate health plan in southeastern Pennsylvania. Highmark Inc. or certain of its affiliated Blue companies also serve Blue Cross Blue Shield members in 29 counties in western Pennsylvania, 13 counties in northeastern Pennsylvania, the state of West Virginia plus Washington County, Ohio, and the state of Delaware. All references to Highmark in this document are references to Highmark Inc. d/b/a Highmark Blue Shield and/or to one or more of its affiliated Blue companies.

The plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711). 请注意：如果您说中文，可向您提供免费语言协助服务。请拨打您的身份证背面的号码 (TTY: 711)。

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