

# Healthy foods at no extra cost

In 2022, some Aetna Medicare plans will offer a Healthy Foods Card benefit. With this benefit, eligible members will receive a benefit card and monthly or quarterly allowance amount to use toward the purchase of healthy and nutritious foods and produce. Approved items can be purchased at participating grocers and retailers to assist members in maintaining a healthy diet to support their nutritional needs.

## Eligibility

### Eligibility – Group 1 (D-SNPs except VA and NJ)

For participating D-SNP plans, members will automatically be enrolled in the Healthy Foods Card benefit and will receive a monthly allowance.

healthy benefits™

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Healthy  
Foods Card  
2022



State	Plan name and contract PBP	Healthy Foods Card allowance & frequency
AL	Aetna Medicare Dual Preferred Plan (HMO D-SNP): H3239-002, H3239-003	\$50 every month
AR	Aetna Medicare Assure (HMO D-SNP): H5325-007	\$50 every month
CA	Aetna Medicare Preferred Plan (HMO D-SNP): H4982-008, H4982-009	\$25 every month
CO	Aetna Medicare Assure Premier Prime (HMO D-SNP): H4711-012	\$75 every month
CT	Aetna Medicare Assure Plan (HMO-POS D-SNP): H5793-017	\$30 every month
DE	Aetna Medicare Advantra Cares (HMO D-SNP): H3959-063	\$50 every month
FL	Aetna Medicare Assure (HMO D-SNP): H1609-017, H1609-019, H1609-039, H1609-040, H1609-054, H1609-057	\$25 every month
FL	Aetna Medicare Assure Plus (HMO D-SNP): H1609-043, H1609-044, H1609-045, H1609-046, H1609-047, H1609-049, H1609-055, H1609-056	\$50 every month
FL	Aetna Medicare Assure Plus (HMO D-SNP): H1609-048	\$60 every month
GA	Aetna Medicare Dual Preferred Plan (HMO D-SNP): H5302-012, H5302-013, H5302-014	\$50 every month
IA	Aetna Medicare Assure Premier (HMO D-SNP): H5593-001	\$30 every month
IN	Aetna Medicare Assure Premier (HMO D-SNP): H3192-008, H3192-009	\$50 every month
KS	Aetna Medicare Assure (HMO D-SNP): H5325-001, H5325-002, H5325-009	\$50 every month
KY	Aetna Medicare Assure 1 (HMO D-SNP): H0628-012	\$75 every month
LA	Aetna Medicare Dual Preferred Plan (HMO D-SNP): H3239-001, H3239-006, H3239-007	\$50 every month
ME	Aetna Medicare Assure Plan (HMO-POS D-SNP): H3597-011	\$30 every month
MS	Aetna Medicare Dual Preferred Plan (HMO D-SNP): H3239-005, H3239-008	\$50 every month

State	Plan name and contract PBP	Healthy Foods Card allowance & frequency
MI	Aetna Medicare Assure Premier (HMO D-SNP): H3192-007	\$50 every month
MO	Aetna Medicare Assure (HMO D-SNP): H5325-003	\$50 every month
MO	Aetna Medicare Assure (HMO D-SNP): H5325-004	\$75 every month
MO	Aetna Medicare Assure (HMO D-SNP): H5325-006, H5325-008	\$100 every month
MO	Aetna Medicare Assure Gold Prime (HMO D-SNP): H5325-005	\$100 every month
NC	Aetna Medicare Assure Plan (HMO D-SNP): H3146-002, H3146-003, H3146-009	\$70 every month
NC	Aetna Medicare Assure Plan (HMO D-SNP): H3146-008	\$50 every month
NE	Aetna Medicare Assure Premier (HMO D-SNP): H7149-006	\$60 every month
NV	Aetna Medicare Dual Preferred Plan (HMO D-SNP): H4711-013	\$25 every month
NV	Aetna Medicare Dual Prime Plan (HMO D-SNP): H4711-011	\$40 every month
NY	Aetna Medicare Assure Plan (HMO D-SNP): H3312-069, H3312-070	\$25 every month
OH	Aetna Medicare Assure 1 (HMO D-SNP): H0628-013	\$75 every month
PA	Aetna Medicare Advantra Cares (HMO D-SNP): H3959-035	\$50 every month
PA	Aetna Medicare Advantra Cares (HMO D-SNP): H3959-036	\$75 every month
TX	Aetna Medicare Dual Complete Plan (HMO D-SNP): H8597-001, H8597-002, H8597-003	\$25 every month
WV	Aetna Medicare Advantra Cares (HMO D-SNP): H1692-005	\$25 every month

### Eligibility - Group 2 (VA and NJ)

For participating D-SNP plans, this benefit will be offered as a SSBCI benefit (Special Supplemental Benefit for the Chronically Ill), for members with qualifying medically-complex conditions (see table on following page). Members should contact their Care Managers to determine their eligibility.

State	Plan name and contract PBP	Healthy Foods Card allowance & frequency
NJ	Aetna Assure Premier Plus (HMO D-SNP): H6399-001	\$150 every three months
VA	Aetna Better Health of Virginia (HMO D-SNP): H1610-001	\$225 every three months
VA	Aetna Medicare Assure Premier (HMO D-SNP): H1610-002	\$150 every three months

### Eligibility – Group 3 (non-DSNP)

For participating plans, this benefit will be offered as a SSBCI benefit (Special Supplemental Benefit for the Chronically Ill), for members with qualifying medically-complex conditions (see table on following page). Eligible members will be enrolled in the Healthy Foods Card benefit and will receive a quarterly allowance.

State	Plan name and contract PBP	Healthy Foods Card allowance & frequency
FL	Aetna Medicare Select (HMO): H1609-016, H1609-018	\$75 every three months
IL, MO	Aetna Medicare Option 2 (HMO): H2663-002	\$75 every three months
PA	Aetna Medicare Advantra Premier (HMO-POS): H3959-032	\$75 every three months
PA	Aetna Medicare Advantra Eagle (HMO): H3959-041	\$75 every three months
PA	Aetna Medicare Beaver Valley Prime (HMO): H3959-051	\$75 every three months
PA	Aetna Medicare Advantra Philly Prime (HMO): H3959-053	\$100 every three months
PA	Aetna Medicare Advantra Premier (PPO): H5522-018	\$75 every three months

## Chronic conditions for eligibility group two and three include:

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| <ul style="list-style-type: none"> <li>• Chronic alcohol and other drug dependence</li> <li>• Autoimmune disorders limited to:             <ul style="list-style-type: none"> <li>– Polyarteritis nodosa, polymyalgia rheumatica, polymyositis, rheumatoid arthritis and systemic lupus erythematosus</li> </ul> </li> <li>• Cancer, excluding pre-cancer conditions or in-situ status</li> <li>• Cardiovascular disorders limited to:             <ul style="list-style-type: none"> <li>– Cardiac arrhythmias, coronary artery disease, peripheral vascular disease and chronic venous thromboembolic disorder</li> </ul> </li> <li>• Chronic heart failure</li> <li>• Dementia</li> <li>• Diabetes mellitus</li> <li>• End-stage liver disease</li> <li>• End-stage renal disease (ESRD) requiring dialysis</li> <li>• Severe hematologic disorders limited to:             <ul style="list-style-type: none"> <li>– Aplastic anemia, hemophilia, immune thrombocytopenic purpura, myelodysplastic syndrome, sickle-cell disease (excluding sickle-cell trait) and chronic venous thromboembolic disorder</li> </ul> </li> </ul> | <ul style="list-style-type: none"> <li>• HIV/AIDS</li> <li>• Hypertension</li> <li>• Hyperlipidemia</li> <li>• Chronic lung disorders limited to:             <ul style="list-style-type: none"> <li>– Asthma, chronic bronchitis, emphysema, pulmonary fibrosis and pulmonary hypertension</li> </ul> </li> <li>• Chronic and disabling mental health conditions limited to:             <ul style="list-style-type: none"> <li>– Bipolar disorders, major depressive disorders, paranoid disorder, schizophrenia and schizoaffective disorder</li> </ul> </li> <li>• Neurologic disorders limited to:             <ul style="list-style-type: none"> <li>– Amyotrophic lateral sclerosis (ALS), epilepsy, extensive paralysis (i.e., hemiplegia, quadriplegia, paraplegia, monoplegia), Huntington's disease, multiple sclerosis, Parkinson's disease, polyneuropathy, spinal stenosis and stroke-related neurologic deficit</li> </ul> </li> <li>• Stroke</li> </ul> |
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## Eligibility - Group 4 (non-DSNP)

For participating plans, this benefit will be offered to members with Congestive Heart Failure (CHF) who agree to participate in the Healthy Heart Program (HHP), a care management program with extra benefits designed to help manage their CHF. Their HHP care team will work with them to set up this service.

State	Plan name and contract PBP	Healthy Foods Card allowance & frequency
PA	Aetna Medicare Premier Plus (HMO): H3931-004	\$25 every month
PA	Aetna Medicare Advantra Premier (HMO-POS): H3959-039	\$25 every month
PA	Aetna Medicare Advantra Premier Plus (PPO): H5522-001, H5522-002	\$25 every month
PA	Aetna Medicare Advantra Silver (PPO): H5522-005	\$25 every month



## Getting started

1. Once deemed eligible, a member will receive a welcome packet in approximately four weeks that includes a welcome letter and benefit card. The welcome packet will include activation instructions.
2. Next, members can use their card to shop for approved products at participating stores.
3. After all items have been scanned, the clerk will then scan the barcode and any eligible items will be deducted from the total amount. Any remaining balance can be paid with another form of payment.



## How can members shop for healthy food items?

With their Healthy Foods Card, members can buy thousands of healthy food items in-store at participating retailers to help them reach their health and wellness goals. Eligible members will receive additional information in their welcome packet.

### What can members buy with this benefit?

Members can use their benefit card to purchase:

- Fresh fruit & vegetables
- Canned fruits & vegetables
- Frozen produce & meals
- Fresh salad kits
- Dairy products
- Meat & seafood
- Beans & legumes
- Pantry staples – flour, sugar, spices, etc.
- Healthy grains – bread, cereals, pastas, etc.
- Nutritional shakes and bars
- Soups
- Water/vitamin water

### What items are excluded?

Items that do not qualify are non-food and pet items, alcohol, baby formula, candy, chips, coffee shop items, desserts, fresh baked goods, soda and tobacco.

### How will members know what they can and cannot buy?

The welcome packet a member receives will explain what types of foods can be purchased with this benefit, as well as the items that are excluded. Members can also find this information on the website, through their mobile app, mobile app in-store scanner or by phone.

### Where can members shop?

Members can use their allowance in-store at any in-network retailers. Members will receive information on how to find network retailers (online, by phone or through the mobile app) in their welcome packet.

**What do members receive in the welcome packet?**

The welcome packet includes a welcome letter and benefit card. The welcome letter explains the benefit and what types of food members can purchase with their benefit card. It also provides information on how to access information (retailers, approved/excluded items) online, over the phone or through the mobile app.

**What if a member loses their materials or never receives them?**

Members can contact the vendor, Healthy Benefits Plus, to request a replacement card by calling **1-833-451-4662 (TTY: 711)** from 8 AM–8 PM local time, 7 days a week from October to March and Monday-Friday from April to September. Members can also access their barcode through the mobile application and have that scanned in place of their benefit card.

**What date is the allowance amount added to the card?**

This amount will be available on the Healthy Foods Card the first day of each month or first day of each quarter (January 1, April 1, July 1, October 1) - depending on the allowance frequency.

**Is there a limit on the number of transactions a member can make with their card each month or quarter?**

No.

**Will the allowance roll over or will unused amounts expire?**

Any unused amounts will expire at the end of the month or end of the quarter - depending on the allowance frequency. There is no rollover.

**Will the allowance amount cover taxes? Can any additional amounts be paid with a separate payment?**

Yes, as long as the amount (including taxes) is below the member's allowance amount, the entire purchase of approved items plus taxes will be covered. Any remaining balance can be paid separately with another form of payment.

**Can a member check out with approved and unapproved items?**

Members can check out with approved and unapproved items, use their benefit card for approved items (determined by point-of-sale technology) and pay for any uncovered items or remaining balance with another form of payment.

**Can members use the allowance to buy items online and pick them up in store?**

At this time, the benefit card can be used at over 30,000 retailers for in-store purchases. Select online ordering will be available in 2022 through Walmart.com with pickup and delivery options.

**Can members access all participating retailers or just those in their state/service area?**

Members can access retailers outside of their state or service area and they can use the card on vacation or when traveling, etc. However, they still must use network retailers only. To find a participating store nearby, members can enter their zipcode in the store finder tool at **HealthyBenefitsPlus.com/AetnaMedicare** or on the mobile app.

**How can members use the website and mobile application?**

Members will receive information on accessing the website and mobile application (including how to register and download) in their welcome packet. Using these tools, members can check their balance amount, find in-network retailers, review a list of approved and excluded items, and more.

Additionally, the mobile app will include a copy of the member's barcode that can be scanned in-store in case of a forgotten or lost benefit card, as well as an in-store item scanner, to verify product eligibility.

**How can members learn more?**

Members will receive information about the Healthy Foods Card benefit in their ANOC, Summary of Benefits and EOC.

[AetnaMedicare.com](https://AetnaMedicare.com)



**Aetna Medicare is a HMO, PPO plan with a Medicare contract. Our SNPs also have contracts with State Medicaid programs. Enrollment in our plans depends on contract renewal. Aetna Assure Premier Plus (HMO D-SNP) is a Fully Integrated Dual Eligible Special Needs Plan with a Medicare contract and a contract with the State of New Jersey Medicaid program. Enrollment in Aetna Assure Premier Plus (HMO D-SNP) depends on contract renewal.**

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