

Summary of Services

Counseling Services

Up to five (5) counseling sessions are available for issues affecting employees and their dependents. Individuals may speak with a professional counselor by phone, and the EAP provides a referral to see a local counselor at no cost.

- Alcohol/Drugs
- Anxiety/Stress
- Depression
- Grief and loss
- Parenting
- Relationships
- Transition and change
- Workplace

Legal Services

A 30-minute phone or in-person consultation is available to help answer basic legal questions and simplify the process of obtaining legal help.

- Adoption
- Bankruptcy
- Child custody
- Criminal issues
- Divorce
- Estate planning/wills
- Immigration
- Mediation
- Real estate
- Tenant's rights

Financial Services

A 30-minute consultation with a qualified financial consultant is available to assist with a variety of financial concerns.

- Bankruptcy alternatives
- Budgeting/cash flow
- Credit issues
- Education funding
- Identity theft
- Income taxes
- Mortgages
- Retirement planning

Family Caregiving Services

Family caregiving consultation, resources and referrals are available on a variety of family matters.

- College preparation
- Daycare/summer camps
- Prenatal care
- Special needs
- Adult daycare
- Assisted living
- In-home care
- Transportation services

Convenience Services

Complimentary convenience services are available to help you make the most of your money and free time. Call to request referrals for a range of services.

- Car and hotel reservations
- Cleaning services
- Destination guides/tours
- Dining
- Moving and relocation services
- Pet care services
- Repairs

Management Consultation Services

EAP provides various services for those in leadership positions including unlimited telephonic consultation services that are available 24/7.

- Assistance in responding to an onsite accident or critical event
- Behavior concerns
- Performance concerns
- Training consultation services
- Substance misuse
- DOT services

Online Tools and Information

EAPHelplink.com is an interactive web-based self-service solution. The site provides a wide array of life management tools to help members with a variety of personal and/or work related issues in a private and convenient manner.

- Research articles
- Savings center
- Health/Wellness modules
- On-demand monthly webinars
- Relocation center
- Monthly News for You
- Self-search locators for child, academic, adoption, pet, and adult care resources
- 40 financial calculators and ready-to-use legal forms

This robust EAP offering is included with all Long Term Disability contracts and may be added to any other Kansas City Life Group Benefits product for .50 per employee per month.

For more information about our Employee Assistance Program* contact Kansas City Life Group Sales.

Phone: 877-266-6767 | Email: GROUPBENEFITS@KCLife.com

The Employee Assistance Program through Kepro, Inc. assists organizations and their workforces in managing the personal challenges that impact employee well-being, performance and effectiveness. Kepro's life management consultants employ a comprehensive approach that identifies issues impacting the employee and assists them in developing meaningful solutions.

*Not available in all states.