

## Healthy Rewards

### Producer Communication #774

Issued October 7, 2016

#### Message

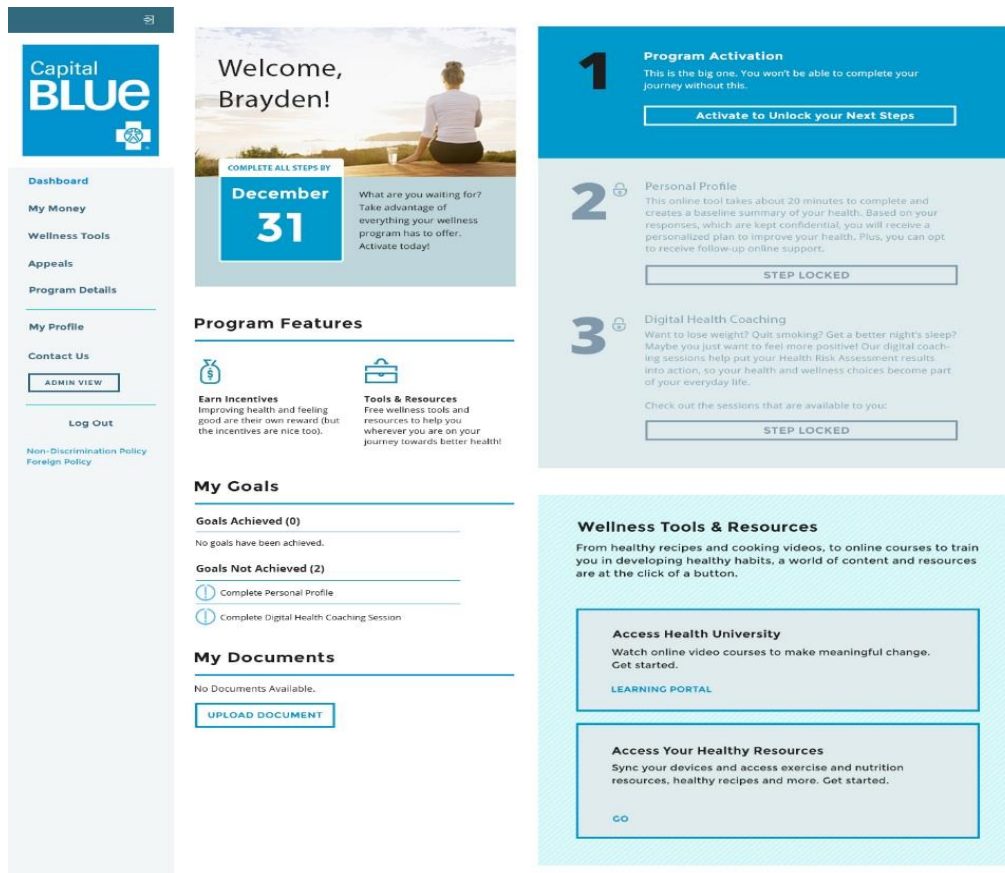
Healthy Rewards is a wellness incentive platform that encourages members to take steps toward a healthier lifestyle. It is designed to strengthen the value of employer benefits, motivate members towards healthier choices, align group and member goals, and create a balanced experience that evolves with the group. Biometric data is now the cornerstone of the program to target not only members with chronic disease but also those at risk. Biometric data paints a more accurate picture of health and allows for earlier intervention to occur through personalized programs.

A new Healthy Rewards platform is being implemented and the current Healthy Rewards platform will not be an option for groups that renew on or after January 1, 2017.

#### Details

##### ACTIVE VERSUS PASSIVE

The new Healthy Rewards platform will require members to activate their program as a first step. This activation also requires members to accept the terms and conditions of the portal to ensure privacy. Previously members could receive reward cards for activities without ever logging in to the portal. The new Healthy Rewards portal offers features to engage members, such as individual challenges, device integration, nutrition and fitness journals, and Health University video courses.



The screenshot displays the Capital Blue Healthy Rewards portal interface. On the left is a navigation sidebar with links for Dashboard, My Money, Wellness Tools, Appeals, Program Details, My Profile, Contact Us, Admin View, Log Out, and Non-Discrimination Policy/Foreign Policy. The main content area is divided into several sections: a 'Welcome, Brayden!' banner with a 'December 31' deadline to complete all steps; a 'Program Features' section highlighting 'Earn Incentives' and 'Tools & Resources'; a 'My Goals' section showing 0 goals achieved and 2 goals not achieved (Complete Personal Profile and Complete Digital Health Coaching Session); a 'My Documents' section with an 'Upload Document' button; and a 'Wellness Tools & Resources' section featuring 'Access Health University' and 'Access Your Healthy Resources' buttons. A 'Program Activation' section on the right indicates that the user must activate to unlock next steps, with subsequent steps for 'Personal Profile' and 'Digital Health Coaching' marked as 'STEP LOCKED'.

## **LARGE GROUP PROGRAM (Non-Standard Products)**

Large FI and ASO groups without a standard product (e.g. no Large Group Standard, no Large Group PEX, and no ASO Signature) will be able to choose their program from three different levels of engagement, which are effective starting with January 1, 2017 renewals and new business. These groups will pay a **per eligible participant per month** rate for the program. Large group renewal documents have been updated to include the rates and high-level program information.

Three different levels of Healthy Rewards programs are available for Large Groups with non-standard products. They choose a starting point that best suits their needs:

- **AWARE**
  - Educate and create awareness of overall health and metrics – this program is participation-based activities ONLY.
  - \$1.75 per eligible participant per month.\*
- **ACTIVE**
  - Drive engagement and shared responsibility – this program begins to focus on outcomes through biometrics and provides participation-based reasonable alternatives when goals are not met.
  - \$2.60 per eligible participant per month.\*
- **STRONG**
  - Achieve meaningful health improvement and cost reduction – this program combines all of the above and requires improvement of biometric measures to get rewards.
  - \$3.95 per eligible participant per month.\*
- Non-member programs are available for groups that want to incorporate their entire employee population.
  - The rate for non-members matches the per eligible participant per month rate level the group selects (Aware, Active, or Strong).

\*Covered spouses are subject to the same rate as the subscriber.

*Healthy Rewards Flyer – Large Group FI-ASO 100+ Options (C-620)* provides an overview of the options.

## **Large Group Quoting**

Requests for Healthy Rewards quotes for Large group (non-standard products) groups should be coordinated through the group's Account Executive.

- The rates (or admin fees for ASO) will be calculated based on the level and eligibility chosen.
  - levels (Aware/Active/Strong)
  - eligibility (sub only/sub+spouse/sub+spouse+nonmember/sub+nonmember)
- The level and eligibility sold will be set-up on the product in Facets. The eligibility set-up on Facets will determine member online accessibility to Healthy Rewards.

## **LARGE GROUP SALES PROCESS (Non-Standard Products)**

Groups selecting the Healthy Rewards program will complete an intake/setup form to be provided by the group's account executive to capture the details of the chosen program such as type of rewards, variation by classes or plan ID, the selected activities and eligibility.

Implementation calls will then be scheduled with groups to work through any additional details and facilitate set up through Bravo Wellness.

Large groups that choose to offer reward cards must contract directly with Bravo Wellness for fulfillment and payment of the cards.

A flyer explaining the differentiators provided by Bravo and the new platform is in development and will be available for employer groups.

**Healthy Rewards will not be included in the Large Group Standard, Large Group PEX, and ASO Signature products for 2017.**

## **STANDARD PRODUCT PROGRAM (Mid-Market/Small Business ASO)**

The Healthy Rewards program is included in all products in this segment, and no set-up form is required. All members of these groups will have access to the Healthy Rewards portal through [capbluecross.com](http://capbluecross.com) and will be required to activate their program in order to receive earned reward cards. The following activities are included in **the 2017 program, which runs on a calendar year regardless of renewal date:**

- Have a biometric screening and return a completed Physician form via the upload process explained on the Healthy Rewards portal (fax and mail instructions are available as well) to earn a \$50 reward card.
- Have two preventive dental exams during the calendar year and earn a \$25 reward card. This reward is only available to members with BlueCross Dental <sup>SM</sup> coverage.
- The maximum amount a member can earn in this program is \$75 in reward cards.

The timeline for Mid-Market and Small Business ASO groups is listed below:

Groups with 2017 products	New program effective 1/1/2017
Groups with 2016 products that have Rewards	New program effective 1/1/2017
Groups with 2016 products with no Rewards	New program effective 1/1/2017

The *Healthy Rewards Flyer – MidMarket – Small Business ASO (C-621)* is available for use in these segments.

## **IA/SMALL GROUP (1- 50) PROGRAM**

Healthy Rewards for Small Groups and Individual coverage will continue to be included automatically in all plans. **All groups will have a calendar year program regardless of their renewal date.**

Since the Healthy Rewards program is included in all products in these segments, no set-up form is required. All members will have access to the Healthy Rewards portal through [capbluecross.com](http://capbluecross.com) and will be required to activate their program in order to receive earned reward cards.

The new program will consist of the following two activities\*:

- Complete a Personal Profile and earn a \$25 reward card.
- Complete an online coaching program and earn a \$25 reward card.

The *Healthy Rewards Flyer – Small Group Employers (C-623)* is available for use in this segment.

\*Small Groups with a CareConnect plan will have a separate program that consists of the following activities:


- Complete your Personal Profile and have a biometric screening to earn a \$100 reward card.
- Complete a preventive exam with your Pinnacle PCP and earn a \$50 reward card.


The CareConnect Healthy Rewards flyer is in development.

## **ID CARDS**

The Healthy Rewards logo will be on all eligible member cards to help remind them of the program and to engage throughout the year. See sample ID card below.

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MEMBER NAME	Preauthorization	PPO
ID # YWP80012345600	Group # 00123456	Plan 361
RxBIN 004336	RxPCN ADV	
RxGrp RXCAP		
	Office Visit	\$XX
	Specialist	\$XX
	Urgent Care	\$XX
	Emergency Room	\$XXX
	Healthy Rewards	

## MEDICAL BENEFIT DESIGN

Large groups have the option to alter their medical benefit designs to remove the deductible from selected blood pressure, cholesterol and diabetes medical services. Selection of this change to deductible is not dependent on the program selected and is not automatically added to benefit designs when a group elects Healthy Rewards. Requests should be coordinated through the group's Account Executive. **This optional benefit design does not apply to HSA plans. Due to IRS guidelines, HSA deductible cannot be waived for these services.**

## HEALTHY REWARDS PRESCRIPTION DRUG RIDER

The Healthy Rewards drug rider, (formerly known as VBB drug rider) bundles selected medication classes used to treat conditions such as diabetes, asthma, and cardiovascular conditions. The drug rider can be added to a large group's drug plan and lowers cost share for the selected medications in the above categories by one-half the standard retail copay, double the Healthy Rewards retail copay for mail order and waives the deductible for the selected medications. See the *Healthy Rewards Value-Based Benefits Medication List* for the complete drug listing.

## COLLATERALS

*Healthy Rewards Flyer – All Group Employers (C-619)* is available for an overview of Healthy Rewards applicable to all group sizes. Market segment specific flyers are also available. Member-facing pieces – guides and videos – are currently under development.

## Attachments

- **Attachment A** – Healthy Rewards Large Group FI-ASO 100+ Options (C-620)
- **Attachment B** – Healthy Rewards Mid Market-Small Business ASO (C-621)
- **Attachment C** – Healthy Rewards Small Group Employers (C-623)
- **Attachment D** – Healthy Rewards All Group Employers (C-619)
- **Attachment E** – Healthy Rewards Value-Based Benefits Medication List

## Questions

Contact your Preferred Agency with any questions. Thank you.



# HealthyRewards



## Choose the Starting Point That's Right for You

We meet you where you are in your wellness initiative. Your program evolves from the starting point that's right for your organization.

### Three approaches

**Level 1: Aware (participation-based)** — Educate and create awareness of overall health and metrics; rewards are earned based on participation

**Level 2: Active (outcome and participation-based)** — Drive engagement and shared responsibility; reward for outcomes but also offer participation-based alternatives

**Level 3: Strong (outcome-based)** — Achieve meaningful health improvement and cost reduction; improvement in biometric measures is required for rewards

### Behind every successful number is a personal achievement

Real results are about more than just a financial return on investment. They are about impacting behavior and propelling your employees to live healthy.

# Build your 2017 Healthy Rewards program

Choose a level. Choose your options.

		Levels		
		AWARE	ACTIVE	STRONG
		\$1.75 per eligible participant per month*	\$2.60 per eligible participant per month*	\$3.95 per eligible participant per month*
		Participation-based program	Outcome and participation-based program	Outcome-based program
Activities to Choose From		Choose up to eight participation-based activities	Choose three participation-based activities	Choose two participation-based activities
PARTICIPATION-BASED ACTIVITIES	Complete Health Risk Assessment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Complete Online Coaching Program	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Have a Preventive Care Visit (includes annual physical, Pap smear, mammogram, colonoscopy)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Get a Flu Shot (medical claim or CVS/caremark™ claim)*	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Track Daily Steps	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Have a Dental Exam (BlueCross Dental <sup>SM</sup> members only)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Complete LIVING FREE Tobacco Cessation Program	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Complete Biometric Screening	<input type="checkbox"/>	Included	Included
	Complete Healthy University Video Courses	Included	Included	Included
BIOMETRIC MEASURES		N/A	Select the measures below you wish to include	Select the measures below you wish to include
	Weight (BMI or waist) within target range		<input type="checkbox"/>	<input type="checkbox"/>
	Blood pressure within target range		<input type="checkbox"/>	<input type="checkbox"/>
	Total cholesterol within target range		<input type="checkbox"/>	<input type="checkbox"/>
	Blood sugar (hbA1C or glucose) within target range		<input type="checkbox"/>	<input type="checkbox"/>
	Reasonable alternatives will be improvement-based	N/A	N/A	Included
	Reasonable alternatives will be participation-based	N/A	Included	N/A
BIOMETRIC SITE OPTIONS	Physician screening forms (office visit)	\$11 per processed form		
	On-site screenings (employer sites)	Range of \$50-\$85 per participant screened 501+ = \$50; 101-500 = \$55; 20-100 = \$60; 2-19 = \$85		
	Walk-in lab clinics	\$95 per participant screened		
BUY UP OPTIONS	Include nonmembers (not eligible for claims-based activities above)	<input type="checkbox"/> \$1.75 per nonmember	<input type="checkbox"/> \$2.60 per nonmember	<input type="checkbox"/> \$3.95 per nonmember
	Group challenges (two)	\$0.70 per eligible participant per month		
	Post-screening health consultation	\$50 per participant		
	Telephonic coaching	Low risk (four sessions): \$195 per participant Moderate risk (six sessions): \$295 per participant High risk (12 sessions): \$800 per participant		
	Telephonic tobacco cessation program	\$1,100 set-up (one time)		
	On-site flu shot	\$35 per participant		

\*For spouse, multiply cost times two.

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[capbluecross.com](http://capbluecross.com) | [capitalbluestore.com](http://capitalbluestore.com)

On behalf of Capital BlueCross, CVS/caremark™ assists in the administration of our prescription drug program. CVS/caremark is an independent pharmacy benefit manager.

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# Healthy Rewards



## Rewarding Your Employees for Living Healthy

Healthy Rewards encourages your employees to complete activities to improve their health. They get a picture of their overall health and risk of developing chronic disease, personalized goals for improvement, and incentives for taking steps to live healthy.

### Program Activities

For each activity completed, your employees receive a reward card.

**Activity 1:** Have a biometric screening and submit a form completed by the doctor — ***Earn a \$50 reward card***

**Activity 2:** Have two preventive dental exams\* during the calendar year — ***Earn a \$25 reward card***

### Communications and Support

We focus on the details that make a rewards program successful:

**Communications:** Our easy-to-use participant portal includes instructions and tips, activity trackers, results, wellness tools and resources, and more. Participants receive personalized goals, an action plan, and resources to empower them to achieve their goals.

**Support:** Your employees contact Capital BlueCross — not your HR or wellness team — for answers and assistance.

### Engage for Real Results

Real results are about more than just a financial return on investments. They are about impacting behavior and propelling your employees to live healthy.

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\*Available to BlueCross Dental<sup>SM</sup> customers only.

For Mid-Market and Small Business ASO.

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C-621 (08/29/16)



# HealthyRewards



## Rewarding Your Employees for Living Healthy

Healthy Rewards encourages your employees to complete activities to improve their health. They get a clear picture of their overall health and risk of developing chronic disease, personalized goals for improvement, and incentives for taking steps to live healthy.

### Program Activities

For each activity completed, your employees receive a \$25 reward card.

- Online Personal Profile
- One online health coaching module

### Communications and Support

We focus on the details that make a rewards program successful:

**Communications:** Our easy-to-use participant portal includes instructions and tips, activity trackers, results, wellness tools and resources, and more. Participants receive a personalized goal, action plan, and resources to empower them to achieve their goals.

**Support:** Your employees contact Capital BlueCross — not your HR or wellness team — for answers and assistance.

### Engage for Real Results

Real results are about more than just a financial return on investment. They are about impacting behavior and propelling your employees to live healthy.



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This Healthy Rewards program is available to Small Group (1-50) plans.

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C-623 (09/23/16)



# Healthy Rewards



## Building Stronger Organizations

Health benefits are a business strategy. They are an investment in your most important asset: your employees. A successful wellness and incentive program strengthens the value of your health benefits by:

- Fostering a culture of achievement that impacts other performance areas
- Reducing risks that threaten to drive up costs
- Creating a stronger organization where both the employer and the employee thrive

Through our Healthy Rewards program, Capital BlueCross will help you motivate, challenge, and support employees to achieve meaningful health and wellness goals. As employees learn to set and meet goals for their own well-being, your organization reaps rewards too.

## Wellness Program Features\*

- Employee communications
- Personal Profile
- Interactive web portal and scheduler
- Biometric screening management
- Dedicated account management team
- Compliance support
- Comprehensive reporting package
- Team and individual challenges
- Wearable device integration and gamification
- Exercise videos and healthy recipes
- Health University video courses
- Bilingual call center

**To learn more about the power of Healthy Rewards, contact your Capital BlueCross representative or producer.**

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\* Ask your Capital BlueCross representative or producer about features available for organizations of your size.

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C-619 (09/23/16)



# HealthyRewards

## Value-Based Benefits

### MEDICATION LIST

### BY THERAPY CLASS



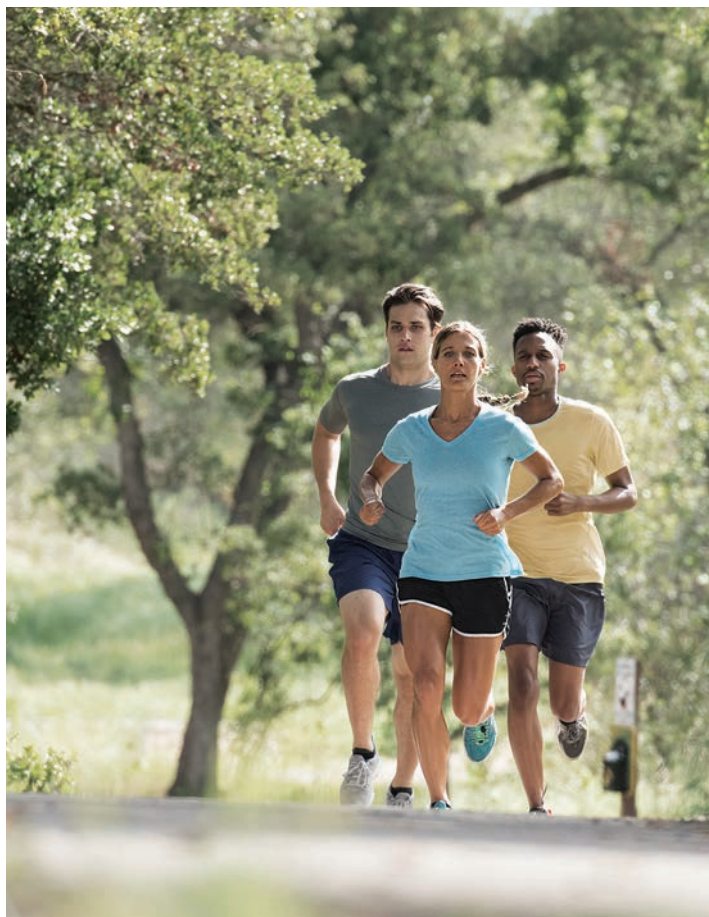
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The prescription drug coverage under your Healthy Rewards value-based benefits program is designed to increase adherence to medications used to treat diabetes, asthma, and cardiovascular disease, which are available to you at a reduced cost. When taken regularly and as prescribed, medications used to treat these conditions can increase your likelihood for improved healthier outcomes.

The Healthy Rewards medication list includes four tiers\* of medications: generic preferred (tier 1), generic nonpreferred (tier 2), brand preferred (tier 3), and brand nonpreferred (tier 4) drugs. Your cost-share for prescription medications is based on which tier your drug falls into.



### Generic Drugs

Generic drugs are typically available at a lower cost than brand-name drugs. The active ingredient in a generic drug is chemically identical to the active ingredient of the corresponding brand-name drug.

- **Generic Preferred** drugs (tier 1) usually have the lowest cost share.
- **Generic Nonpreferred** drugs (tier 2) usually have a slightly higher cost share than generic preferred drugs and a lower cost share than brand name drugs.

Please note that not all strengths and formulations of generic drugs have the same tier status. For example, **metformin er** 500mg is generic preferred (tier 1) and **metformin er** 750mg is generic nonpreferred (tier 2).

### Brand-Name Drugs

Brand-name drugs are marketed under a specific trade name and are protected by a patent. Brand-name drugs can be either preferred or nonpreferred.

- **Brand Preferred** drugs (tier 3) are usually available at a slightly higher cost share than generic drugs. These drugs are designated preferred brand because they are more cost effective compared to other brand drugs that treat the same condition.
- **Brand Nonpreferred** drugs (tier 4) usually have the highest cost share. These drugs are listed as nonpreferred because they have not been found to be any more cost effective than available generics, preferred brands, or over-the-counter drugs. Nonpreferred brand medications are not covered under a closed formulary benefit plan.

\* All plans do not include a two-tier generic benefit. For plans that do not have a two-tier generic benefit, the generic copayment will be applied to both generic preferred and generic nonpreferred drugs. Refer to your Certificate of Coverage for specific information about your prescription benefit.



# Generic Substitution Program

Generic substitution programs help to reduce out-of-pocket expenses and help to contain the rising costs of providing prescription drug benefits. Capital BlueCross offers two types of generic substitution programs\* — mandatory and restrictive:

- **Mandatory Generic Substitution Program** is when a generic drug is substituted for a brand-name product. If a generic drug is available and you obtain a brand-name drug, even if *your doctor* has requested brand necessary, you will be charged the brand-name cost share *plus* the cost difference between the generic and brand-name medication.
- **Restrictive Generic Substitution Program** allows *your doctor* to specify that a brand-name drug be dispensed by indicating “*No Generic Substitution Permissible*” on the written prescription. In this case, you will only be charged the brand-name cost share. But, *if you* request a brand-name drug when a generic is available, you will be charged the brand-name cost share *plus* the cost difference between the generic and brand-name medication.

\* Please refer to your Certificate of Coverage for specific information about your prescription benefit.

## Prior Authorization

Drugs that require prior authorization have a **PAR** symbol next to them in the formulary. You or your doctor should begin prior authorization prior to submitting the prescription.

Your doctor can begin **PAR** by contacting CVS/caremark at the numbers listed in the box below. You can initiate **PAR** at [capbluecross.com](https://capbluecross.com) or by calling the number on your plan ID card.

## Enhanced Prior Authorization (step therapy)

Some medications are subject to enhanced prior authorization, or step therapy. Under this program, you may be required to first try an alternative medication before drugs subject to enhanced prior authorization are covered by your plan. These medications appear on the Healthy Rewards Medication List with an **EPA** symbol next to them.

## Quantity Level Limits

Quantity limits help ensure patient safety and the appropriate use of medications. The pharmacy will only fill these medications to the allowed quantity even if the prescription is written for a greater number.

To request authorization for a quantity greater than the allowed amount, your doctor can call or fax CVS/caremark at the contact information below.

If you have questions about your prescription drug benefit, contact CVS/caremark customer service at **800.585.5794** (TTY/TDD: 866.236.1069). You may also visit [capbluecross.com](https://capbluecross.com) for other helpful pharmacy information.

CVS/caremark™ Prior Authorization Department  
(for physicians only)

**Phone: 800.294.5979**

**Fax: 888.836.0730**



Please refer to [capbluecross.com](https://capbluecross.com) for the latest information about your Healthy Rewards program.

# HealthyRewards

## MEDICATION LIST\*

Drug Name		Alternatives (please discuss with your physician)
<b>MAINTENANCE MEDICATIONS FOR ASTHMA</b>		
ACCOLATE	BNP	zafirlukast
ADVAIR / -HFA (QLL)	BP	
ALVESCO (QLL)	BNP	ASMANEX (QLL), FLOVENT HFA (QLL)
ASMANEX (QLL)	BP	
ATROVENT HFA	BP	
budesonide	GNP	
cromolyn	GNP	
DULERA (QLL)	BP	
FLOVENT DISKUS (QLL)	BP	
FLOVENT HFA (QLL)	BP	
montelukast	GNP	
PULMICORT (QLL)	BNP	budesonide
QVAR (QLL)	BNP	ASMANEX (QLL), FLOVENT HFA (QLL)
SINGULAIR	BNP	montelukast
SYMBICORT (PAR, QLL)	BNP	ADVAIR/ -HFA (QLL)
theophylline	GNP	
zafirlukast	GNP	
ZYFLO/-CR	BNP	zafirlukast
<b>MEDICATIONS FOR DIABETES</b>		
acarbose	GNP	
ACTOPLUS MET, -XR	BNP	pioglitazone/metformin
ACTOS	BNP	pioglitazone
AFREZZA (PAR)	BNP	metformin or NOVOLOG
AMARYL	BNP	glimepiride
APIDRA	BNP	HUMALOG, NOVOLOG
AVANDAMET	BP	
AVANDARYL	BP	
AVANDIA	BP	
BYDUREON (PAR)	BNP	TRULICITY
BYETTA (PAR)	BNP	VICTOZA
chlorpropamide	GNP	
CYCLOSET	BNP	metformin
DIABETA	BNP	glyburide
DUETACT	BNP	glimepiride/pioglitazone
FARXIGA	BP	
FORTAMET (PAR)	BNP	metformin ER
glimepiride	GP	
glimepiride/pioglitazone	GNP	
glipizide	GP	
glipizide er 5mg	GP	
glipizide er 10mg	GNP	

Drug Name		Alternatives (please discuss with your physician)
glipizide/metformin	GNP	
GLUCOPHAGE (PAR)	BNP	metformin
GLUCOPHAGE XR (PAR)	BNP	metformin er
GLUCOTROL, -XL	BNP	glipizide, -er
GLUCOVANCE	BNP	glyburide/metformin
GLUMETZA (PAR)	BNP	metformin ER
glyburide 5mg	GNP	
glyburide 1.25mg, 1.5mg, 2.5mg, 3mg, 6mg	GP	
glyburide/metformin 1.25/250mg	GP	
glyburide/metformin 2.5/500mg, 5/500mg	GNP	
GLYSET	BP	
GLYXAMBI	BNP	JANUMET
HUMALOG products (PAR)	BNP	
HUMULIN products (PAR)	BNP	
INVOKAMET (PAR)	BNP	XIGDUO XR or SYNJARDY
INVOKANA (PAR)	BNP	FARXIGA or JARDIANCE
JANUVIA	BP	
JANUMET, -XR	BP	
JENTADUETO	BP	KOMBIGLYZE XR, JANUMET
KAZANO (PAR)	BNP	JENTADUETO, JANUMET
KOMBIGLYZE XR (PAR)	BNP	JENTADUETO, JANUMET
LANTUS	BP	
LANTUS SOLOSTAR	BP	
LEVEMIR	BP	
METAGLIP	BNP	glipizide/metformin
metformin, metformin er 500mg	GP	
metformin er 750mg	GNP	
metformin osmotic er	GNP	
MICRONASE	BNP	glyburide
nateglinide	GNP	
NESINA (PAR)	BNP	JANUVIA, TRADJENTA
NOVOLIN products	BP	
NOVOLOG products	BP	
ONGLYZA (PAR)	BNP	
OSENI (PAR)	BNP	JANUVIA, TRADJENTA, pioglitazone
pioglitazone	GNP	
PRANDIMET	BNP	repaglinide + metformin
PRANDIN	BNP	repaglinide
PRECOSE	BNP	acarbose
repaglinide	GNP	
RIOMET (PAR)	BNP	metformin

GP = Generic Preferred   GNP = Generic Nonpreferred   BP = Brand Preferred   BNP = Brand Nonpreferred  
 PAR = Prior Authorization Required   EPA = Enhanced Prior Authorization   QLL = Quantity Level Limit

Drug Name	Alternatives (please discuss with your physician)	
STARLIX	BNP	nateglinide, repaglinide
SYMLIN, -PEN (EPA)	BP	
SYNJARDY	BP	
TANZEUM (PAR)	BNP	TRULICITY
tolazamide	GNP	
tolbutamide	GNP	
TOUJEO	BNP	LANTUS
TRADJENTA	BP	
TRULICITY	BP	
VICTOZA	BP	
XIGDUO XR	BP	

#### DIABETIC SUPPLIES COMMONLY USED IN THE MANAGEMENT OF DIABETES

ACCU-CHECK (PAR)	BNP	ONETOUGH
ASCENSIA (PAR)	BNP	ONETOUGH
FREESTYLE (PAR)	BNP	ONETOUGH
GLUCAGON KIT	BP	
NOVOFINE 30, 32, AUTOCOVER	BP	
ONETOUGH	BP	
PRECISION PCX (PAR)	BNP	ONETOUGH
PRECISION PCX PLUS (PAR)	BNP	ONETOUGH
PRECISION Q-I-D (PAR)	BNP	ONETOUGH
PRECISION SOF-TACT (PAR)	BNP	ONETOUGH
PRECISION XTRA (PAR)	BNP	ONETOUGH

#### MEDICATIONS FOR HIGH BLOOD PRESSURE AND OTHER CARDIOVASCULAR CONDITIONS

ACCUPRIL (PAR)	BNP	quinapril
ACCURETIC (PAR)	BNP	quinapril/hctz
acebutolol	GP	
ACEON (PAR)	BNP	perindopril
acetazolamide	GNP	
ADALAT CC	BNP	nifedipine er
ALDACTAZIDE	BNP	spironolactone/hctz
ALDACTONE	BNP	spironolactone
ALTACE (PAR)	BNP	ramipril
amiloride/hctz	GP	
amiloride	GNP	
amlodipine	GP	
amlodipine/benazepril	GNP	
amlodipine/valsartan	GNP	
amlodipine-valsartan-hydrochlorothiazide	GNP	
ATACAND (PAR)	BNP	candesartan
ATACAND HCT (PAR)	BNP	candesartan/hctz
atenolol/ -chlorthalidone	GP	
AVALIDE (PAR)	BNP	irbesartan/hctz, losartan/hctz
AVAPRO (PAR)	BNP	irbesartan, losartan
AZOR	BP	
benazepril/ -hctz	GNP	
bendroflumethiazide/ -rauwolfia	GNP	

Drug Name	Alternatives (please discuss with your physician)	
BENICAR/ -HCT	BP	
betaxolol	GNP	
bisoprolol	GNP	
bisoprolol/hctz 2.5/6.25mg	GNP	
bisoprolol/hctz 5/6.25mg, 10/6.25mg	GP	
BRILINTA	BNP	clopidogrel
bumetanide	GNP	
BUMEX	BNP	bumetanide
BYSTOLIC	BP	
CALAN, -SR	BNP	verapamil, -sr
candesartan	GNP	
captopril	GNP	
captopril/hctz	GNP	
CARDENE SR	BNP	nicardipine
CARDIZEM, -SR, -CD, -LA	BNP	diltiazem, -er, -sr, -cd
CARDURA	BNP	doxazosin
carvedilol	GP	
CATAPRES	BNP	clonidine
chlorothiazide	GP	
chlorthalidone	GNP	
clonidine tab	GP	
clonidine patch	GNP	
clopidogrel	GNP	
CLORPRES	BNP	clonidine + chlorthalidone
COREG	BNP	carvedilol
COREG CR	BNP	carvedilol
CORGARD	BNP	nadolol
CORZIDE	BNP	nadolol/bendroflumethiazide
COZAAR (PAR)	BNP	losartan
DEMADEX	BNP	torsemide
DIAMOX	BNP	acetazolamide
dibenzylamine	GNP	
diltiazem 30mg, 60mg, 120mg	GP	
diltiazem 90mg	GNP	
diltiazem -er, -sr, -cd	GNP	
DIOVAN HCT (PAR)	BNP	valsartan/hctz
DIOVAN (PAR)	BNP	valsartan
DIURIL	BNP	chlorothiazide
doxazosin	GNP	
DYAZIDE	BNP	triamterene/hctz
DYRENIUM	BNP	amiloride, spironolactone
EDARBI (PAR)	BNP	irbesartan, losartan
EDARBYCLOR (PAR)	BNP	irbesartan/hctz, losartan/hctz
EDECIN	BNP	bumetanide, furosemide, torsemide
ELIQUIS	BNP	
enalapril/ -hctz	GP	
eprosartan	GNP	
EXFORGE/ -HCT (PAR)	BNP	valsartan / amlodipine
felodipine er	GNP	
fosinopril	GP	

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Drug Name	Alternatives (please discuss with your physician)	
<b>fosinopril/hctz</b>	<b>GNP</b>	
<b>furosemide</b>	<b>GP</b>	
<b>guanabenz</b>	<b>GNP</b>	
<b>guanfacine</b> 1mg	<b>GP</b>	
<b>guanfacine</b> 2mg	<b>GNP</b>	
<b>hydralazine</b> 10mg	<b>GP</b>	
<b>hydralazine</b> 25mg, 50mg, 100mg	<b>GNP</b>	
<b>hydrochlorothiazide</b> cap	<b>GP</b>	
<b>hydrochlorothiazide</b> 25mg, 50mg tab	<b>GP</b>	
<b>hydrochlorothiazide</b> 12.5mg tab	<b>GNP</b>	
<b>HYZAAR</b> (PAR)	<b>BNP</b>	<b>losartan/hctz</b>
<b>indapamide</b>	<b>GP</b>	
<b>INDERAL</b>	<b>BNP</b>	<b>propranolol</b>
<b>INDERAL LA</b>	<b>BNP</b>	<b>propranolol er</b>
<b>INNOPRAN XL</b>	<b>BNP</b>	<b>propranolol er</b>
<b>INSpra</b>	<b>BNP</b>	<b>eplerenone</b>
<b>irbesartan/ -hctz</b>	<b>GNP</b>	
<b>ISOPTIN SR</b>	<b>BNP</b>	<b>verapamil</b>
<b>isradipine</b>	<b>GNP</b>	
<b>KERLONE</b>	<b>BNP</b>	<b>betaxolol</b>
<b>labetalol</b>	<b>GNP</b>	
<b>LASIX</b>	<b>BNP</b>	<b>furosemide</b>
<b>LEVATOL</b>	<b>BNP</b>	<b>acebutolol, pindolol</b>
<b>lisinopril/ -hctz</b>	<b>GP</b>	
<b>LOPRESSOR</b>	<b>BNP</b>	<b>metoprolol</b>
<b>LOPRESSOR HCT</b>	<b>BNP</b>	<b>metoprolol/hctz</b>
<b>losartan/ -hctz</b>	<b>GNP</b>	
<b>LOTENSIN</b> (PAR)	<b>BNP</b>	<b>benazepril</b>
<b>LOTENSIN HCT</b> (PAR)	<b>BNP</b>	<b>benazepril/hctz</b>
<b>LOTREL</b>	<b>BNP</b>	<b>amlodipine/benazepril</b>
<b>MAVIK</b> (PAR)	<b>BNP</b>	<b>trandolapril</b>
<b>MAXZIDE</b>	<b>BNP</b>	<b>triamterene/hctz</b>
<b>methazolamide</b>	<b>GNP</b>	
<b>methyclothiazide</b>	<b>GNP</b>	
<b>methyldopa</b> 250mg	<b>GP</b>	
<b>methyldopa</b> 500mg	<b>GNP</b>	
<b>methyldopa/hctz</b>	<b>GNP</b>	
<b>metolazone</b> 10mg	<b>GP</b>	
<b>metolazone</b> 2.5mg, 5mg	<b>GNP</b>	
<b>metoprolol</b>	<b>GP</b>	
<b>metoprolol er</b>	<b>GNP</b>	
<b>metoprolol/hctz</b>	<b>GNP</b>	
<b>MICARDIS</b> (PAR)	<b>BNP</b>	<b>telmisartan</b>
<b>MICARDIS HCT</b> (PAR)	<b>BNP</b>	<b>telmisartan/hctz</b>
<b>MICROZIDE</b>	<b>BNP</b>	<b>hydrochlorothiazide</b>
<b>MINIPRESS</b>	<b>BNP</b>	<b>prazosin</b>
<b>minoxidil tab</b>	<b>GNP</b>	
<b>moexipril/ -hctz</b>	<b>GNP</b>	
<b>nadolol</b>	<b>GNP</b>	
<b>nadolol/ bendroflumethiazide</b>	<b>GNP</b>	

Drug Name	Alternatives (please discuss with your physician)	
<b>NEPTAZANE</b>	<b>BNP</b>	<b>methazolamide</b>
<b>nicardipine</b>	<b>GNP</b>	
<b>nifedipine, -er</b>	<b>GNP</b>	
<b>nimodipine</b>	<b>GNP</b>	
<b>nisoldipine er</b>	<b>GNP</b>	
<b>NORVASC</b>	<b>BNP</b>	<b>amlodipine</b>
<b>perindopril</b>	<b>GNP</b>	
<b>pindolol</b>	<b>GNP</b>	
<b>PLAVIX</b>	<b>BNP</b>	<b>clopidogrel</b>
<b>prazosin</b> 1mg	<b>GP</b>	
<b>prazosin</b> 2mg, 5mg	<b>GNP</b>	
<b>PRADAXA</b>	<b>BNP</b>	<b>warfarin</b>
<b>PRINIVIL</b> (PAR)	<b>BNP</b>	<b>lisinopril</b>
<b>PRINZIDE</b> (PAR)	<b>BNP</b>	<b>lisinopril/hctz</b>
<b>PROCARDIA, -XL</b>	<b>BNP</b>	<b>nifedipine, -er</b>
<b>propranolol</b> 10mg, 20mg, 40mg, 80mg tab	<b>GP</b>	
<b>propranolol</b> 60mg tab	<b>GNP</b>	
<b>propranolol er</b>	<b>GNP</b>	
<b>propranolol/hctz</b>	<b>GNP</b>	
<b>quinapril</b>	<b>GP</b>	
<b>quinapril/hctz</b>	<b>GNP</b>	
<b>ramipril</b>	<b>GP</b>	
<b>reserpine</b>	<b>GNP</b>	
<b>SAVAYSA</b>	<b>BNP</b>	<b>XARELTO</b>
<b>SECTRAL</b>	<b>BNP</b>	<b>acebutolol</b>
<b>SOTYLIZE</b>	<b>BNP</b>	<b>sotolol</b>
<b>spironolactone</b> 25mg	<b>GP</b>	
<b>spironolactone</b> 50mg, 100mg, -hctz	<b>GNP</b>	
<b>SULAR</b>	<b>BNP</b>	<b>nisoldipine er</b>
<b>TARKA</b> (PAR)	<b>BNP</b>	<b>trandolapril + verapamil</b>
<b>TEKAMLO</b>	<b>BP</b>	
<b>TEKTURNA/ -HCT</b>	<b>BP</b>	
<b>telmisartan/-hctz</b>	<b>GNP</b>	
<b>telmisartan/amlodipine</b>	<b>GNP</b>	
<b>TENEX</b>	<b>BNP</b>	<b>guanfacine</b>
<b>TENORETIC</b>	<b>BNP</b>	<b>atenolol/chlorthalidone</b>
<b>TENORMIN</b>	<b>BNP</b>	<b>atenolol</b>
<b>terazosin</b>	<b>GP</b>	
<b>TEVETEN/ -HCT</b> (PAR)	<b>BNP</b>	<b>irbesartan/hctz, losartan/hctz, eprosartan</b>
<b>THALITONE</b>	<b>BNP</b>	<b>chlorthalidone</b>
<b>timolol tab</b>	<b>GNP</b>	
<b>TOPROL XL</b>	<b>BNP</b>	<b>metoprolol er</b>
<b>torsemide</b> 5mg, 10mg	<b>GP</b>	
<b>torsemide</b> 20mg, 100mg	<b>GNP</b>	
<b>TRANDATE</b>	<b>BNP</b>	<b>labetolol</b>
<b>trandolapril</b>	<b>GNP</b>	
<b>trandolapril-verapamil hcl</b>	<b>GNP</b>	
<b>triamterene/hctz tablets</b>	<b>GP</b>	
<b>TRIBENZOR</b>	<b>BP</b>	
<b>TWYNSTA</b> (PAR)	<b>BNP</b>	<b>telmisartan/amlodipine</b>

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Drug Name	Alternatives (please discuss with your physician)	
UNIRETIC (PAR)	<b>BNP</b>	<b>moexipril/hctz</b>
UNIVASC (PAR)	<b>BNP</b>	<b>moexipril</b>
<b>valsartan</b>	<b>GNP</b>	
VASERETIC (PAR)	<b>BNP</b>	<b>enalapril/hctz</b>
VASOTEC (PAR)	<b>BNP</b>	<b>enalapril</b>
<b>verapamil</b>	<b>GP</b>	
<b>verapamil-cr, -sr</b>	<b>GNP</b>	
VERELAN	<b>BNP</b>	<b>verapamil, -cr, -sr</b>
<b>warfarin</b>	<b>GP</b>	
XARELTO 15mg, 20mg	<b>BP</b>	
ZAROXOLYN	<b>BNP</b>	<b>metolazone</b>
ZEBETA	<b>BNP</b>	<b>bisoprolol</b>
ZESTORETIC (PAR)	<b>BNP</b>	<b>lisinopril/hctz</b>
ZESTRIL (PAR)	<b>BNP</b>	<b>lisinopril</b>
ZIAC	<b>BNP</b>	<b>bisoprolol/hctz</b>
ZONTIVITY	<b>BNP</b>	<b>clopidogrel</b>

#### MEDICATIONS FOR ARRHYTHMIA OR ANGINA

<b>amiodarone</b> 100mg, 400mg	<b>GNP</b>	
<b>amiodarone</b> 200mg	<b>GP</b>	
BETAPACE, -AF	<b>BNP</b>	<b>sotalol, -af</b>
CORDARONE	<b>BNP</b>	<b>amiodarone</b>
CORLANOR (PAR)	<b>BNP</b>	<b>RANEXA (PAR)</b>
<b>disopyramide</b>	<b>GNP</b>	
<b>flecainide</b>	<b>GNP</b>	
IMDUR	<b>BNP</b>	<b>isosorbide mononitrate</b>
ISORDIL	<b>BNP</b>	<b>isosorbide dinitrate</b>
<b>isosorbide dinitrate</b>	<b>GNP</b>	
<b>isosorbide dinitrate er</b> 40mg	<b>GNP</b>	
<b>isosorbide mononitrate</b> 10mg, 20mg	<b>GP</b>	
<b>isosorbide mononitrate er</b> 30mg	<b>GP</b>	
<b>isosorbide mononitrate er</b> 60mg, 120mg	<b>GNP</b>	
<b>mexiletine</b>	<b>GNP</b>	
MINITRAN	<b>BNP</b>	<b>nitroglycerin</b>
MULTAQ	<b>BNP</b>	<b>amiodarone</b>
NITRO-DUR	<b>BNP</b>	<b>nitroglycerin</b>
<b>nitroglycerin</b>	<b>GNP</b>	
NITROMIST	<b>BNP</b>	<b>nitroglycerin</b>
NORPACE, -CR	<b>BNP</b>	<b>disopyramide</b>
PACERONE	<b>BNP</b>	<b>amiodarone</b>
<b>propafenone</b>	<b>GNP</b>	
<b>quinidine</b>	<b>GNP</b>	
RANEXA (PAR)	<b>BP</b>	
RYTHMOL, -SR	<b>BNP</b>	<b>propafenone</b>
<b>sotalol</b> 80mg, 160mg	<b>GP</b>	
<b>sotalol</b> 120mg, 240mg; -af	<b>GNP</b>	
TAMBOCOR	<b>BNP</b>	<b>flecainide</b>
TIKOSYN	<b>BNP</b>	

Drug Name	Alternatives (please discuss with your physician)	
MEDICATIONS FOR HIGH CHOLESTEROL		
ADVICOR	BNP	SIMCOR (EPA, QLL)
ALTOPREV (PAR)	BNP	lovastatin (QLL)
atorvastatin (QLL)	GNP	
atorvastatin/amlodipine	GNP	
CADUET	BNP	atorvastatin/amlodipine
cholestyramine	GNP	
colestipol	GNP	
CRESTOR (QLL)	BP	
fenofibrate	GNP	
fluvastatin	GNP	
gemfibrozil	GNP	
LESCOL (PAR, QLL)	BNP	fluvastatin, pravastatin (QLL)
LESCOL XL (PAR, QLL)	BNP	fluvastatin, pravastatin (QLL)
LIPITOR (PAR, QLL)	BNP	atorvastatin (QLL)
LIVALO (PAR, QLL)	BNP	atorvastatin (QLL), simvastatin (QLL)
lovastatin (QLL)	GP	
LOVAZA	BNP	omega-3 acids ER
MEVACOR (PAR, QLL)	BNP	lovastatin (QLL)
niacin er	GNP	
NIASPAN	BNP	niacin er
PRAVACHOL (PAR, QLL)	BNP	pravastatin (QLL)
pravastatin (QLL)	GNP	
SIMCOR (QLL)	BP	
simvastatin (QLL)	GP	
TRILIPIX	BNP	fenofibrate
VASCEPA	BNP	omega-3 acids ER
VYTORIN (QLL)	BP	
WELCHOL	BP	
ZETIA	BP	
ZOCOR (PAR, QLL)	BNP	simvastatin (QLL)

\*This list does not indicate coverage and is not all-inclusive. The coverage of these services depends on the terms of your benefit plan. The information contained in this document was current at the time of printing and is subject to change. It is not intended to substitute for your physician's independent medical judgment based on your specific needs. Current as of January 1, 2016.

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