



## introducing Mandatory Maintenance Choice®

### Delivery or Pick-Up

If you are taking a maintenance\* medication, you can choose to receive your 90-day supplies through mail service, or pick them up at a CVS/pharmacy® near you. Whether you choose delivery or pick up, you will pay the same amount. This choice is being offered to you as a way to combine convenient retail access with mail-order savings.

### Fill Limit for Long-Term Medications

Your plan allows a limited number of 30-day fills of maintenance medications at any pharmacy in our network. After that, your plan will cover maintenance medications only if you have 90-day supplies filled through mail service or at a CVS/pharmacy. If you continue to have 30-day supplies of maintenance medications filled at a retail pharmacy, your Plan will not pay for them.

Remember, you can avoid paying more for your 90-day supplies of maintenance medications by having them filled through mail service, or at a CVS/pharmacy.

### Getting Started

#### if you choose mail service

You can do so easily online or by phone.

- **Online** – Register on [capbluecross.com](http://capbluecross.com), click on the “rx information” tab in the gray bar at the top of the page, then click on the CVS/caremark™ logo. Next click on “Request a New Prescription” to have CVS contact your doctor to request a prescription. (If you prefer to mail your prescription — you can click on “Start Mail Service” to download a mail order form to send along with your prescription to the address on the form.)
- **Phone** – Call Rx Member Services toll-free at [800.585.5794](tel:800.585.5794) to begin the process.

#### if you choose to fill at a CVS/pharmacy

- Visit one of the 7,000 retail CVS pharmacies nationwide.
- To find a CVS/pharmacy near you, visit the pharmacy page of our website and use our online pharmacy search tool or our pharmacy directory. You can also call Rx Member Services toll-free at [800.585.5794](tel:800.585.5794).

\*A maintenance medication is taken regularly for chronic conditions or long-term therapy. A few examples include medications for managing high blood pressure, asthma, diabetes, or high cholesterol.

On behalf of Capital BlueCross, CVS/caremark assists in the administration of our prescription drug program. CVS/caremark is an independent pharmacy benefit manager.

Health care benefit programs issued or administered by Capital BlueCross and/or its subsidiaries, Capital Advantage Insurance Company®, Capital Advantage Assurance Company® and Keystone Health Plan® Central. Independent licensees of the BlueCross BlueShield Association. Communications issued by Capital BlueCross in its capacity as administrator of programs and provider relations for all companies.