

Personal Profile

Small step: Complete your personal profile

Big payoff: Get customized and confidential recommendations for your specific health needs

- 1. Log in to your capbluecross.com member page
- 2. Enable pop-ups in your browser
- 3. Select the Wellness tab at the top of the page
- 4. Select the hyperlink Start your Personal Profile now in the first bullet
- 5. Follow on-screen prompts and submit

Have questions about Healthy Rewards? Call the customer service number on your Capital BlueCross member ID card.













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